

































## Point Bonita, Bonita Cove, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:03	5.6	3:19	4.0	8:49	1.0	8:05	2.6	6:41	6:03	
2	Mon	2:36	5.6	4:57	3.8	9:48	1.0	8:45	3.1	6:39	6:04	
3	Tue	3:20	5.5	7:11	3.9	10:58	0.9	10:01	3.5	6:38	6:05	
4	Wed	4:19	5.4	8:23	4.2			12:11	0.7	6:36	6:06	
5	Thu	5:28	5.5	8:59	4.4			1:13	0.3	6:35	6:07	
6	Fri	6:35	5.6	9:28	4.7	1:05	3.4	2:04	0.0	6:33	6:08	
7	Sat	7:34	5.9	9:54	4.8	1:57	3.1	2:46	-0.4	6:32	6:09	
8	Sun	9:27	6.1	11:20	5.1	3:40	2.7	4:24	-0.6	7:31	7:10	
9	Mon	10:17	6.3	11:46	5.3	4:21	2.2	5:00	-0.7	7:29	7:11	
10	Tue	11:06	6.3			5:03	1.7	5:34	-0.6	7:28	7:12	
11	Wed	12:14	5.6	11:57 AM	6.2	5:46	1.1	6:09	-0.2	7:26	7:13	
12	Thu	12:43	5.9	12:49	5.9	6:32	0.6	6:45	0.3	7:25	7:14	
13	Fri	1:14	6.2	1:45	5.5	7:20	0.1	7:22	0.9	7:23	7:15	
14	Sat	1:47	6.4	2:48	5.0	8:12	-0.2	8:02	1.6	7:22	7:16	
15	Sun	2:25	6.5	4:01	4.6	9:10	-0.3	8:47	2.3	7:20	7:17	
16	Mon	3:09	6.4	5:31	4.3	10:16	-0.3	9:45	2.9	7:19	7:18	
17	Tue	4:04	6.2	7:10	4.4	11:32	-0.2	11:10	3.3	7:17	7:19	
18	Wed	5:12	6.0	8:29	4.6			12:52	-0.2	7:16	7:20	
19	Thu	6:30	5.8	9:24	4.9	12:49	3.3	2:04	-0.3	7:14	7:21	
20	Fri	7:45	5.8	10:06	5.2	2:09	3.0	3:02	-0.4	7:13	7:21	
21	Sat	8:51	5.8	10:42	5.3	3:10	2.5	3:49	-0.4	7:11	7:22	
22	Sun	9:47	5.8	11:13	5.5	4:00	2.0	4:28	-0.2	7:09	7:23	
23	Mon	10:37	5.7	11:41	5.6	4:43	1.6	5:02	0.0	7:08	7:24	
24	Tue	11:23	5.5			5:23	1.2	5:32	0.3	7:06	7:25	
25	Wed	12:06	5.6	12:07	5.3	6:00	0.9	6:01	0.7	7:05	7:26	
26	Thu	12:28	5.7	12:50	5.0	6:35	0.6	6:29	1.2	7:03	7:27	
27	Fri	12:50	5.7	1:34	4.8	7:09	0.4	6:56	1.7	7:02	7:28	
28	Sat	1:12	5.7	2:20	4.5	7:44	0.3	7:25	2.2	7:00	7:29	
29	Sun	1:36	5.7	3:13	4.3	8:22	0.2	7:54	2.6	6:59	7:30	
30	Mon	2:05	5.6	4:17	4.1	9:05	0.3	8:28	3.0	6:57	7:31	
31	Tue	2:40	5.5	5:43	4.0	9:57	0.4	9:14	3.4	6:56	7:32	