US HARBORS www.USHarbors.com

Point Isabel, CA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:49	5.2	11:23 AM	7.1	5:24	2.8	6:25	-1.6	7:25	5:00	
2	Sat	1:30	5.3	12:15	6.9	6:19	2.5	7:09	-1.4	7:25	5:01	
3	Sun	2:10	5.5	1:09	6.4	7:16	2.3	7:53	-1.0	7:25	5:02	
4	Mon	2:52	5.7	2:06	5.8	8:19	2.0	8:38	-0.4	7:25	5:03	
5	Tue	3:35	5.9	3:10	5.1	9:27	1.8	9:24	0.3	7:25	5:04	
6	Wed	4:20	6.0	4:26	4.4	10:42	1.4	10:14	1.1	7:25	5:05	
7	Thu	5:07	6.2	5:59	4.0	11:59	1.0	11:11	1.9	7:25	5:06	
8	Fri	5:57	6.3	7:39	3.9			1:10	0.6	7:25	5:07	
9	Sat	6:49	6.3	9:04	4.2	12:16	2.5	2:13	0.2	7:25	5:08	
10	Sun	7:41	6.4	10:08	4.5	1:24	2.9	3:07	-0.2	7:24	5:08	
11	Mon	8:30	6.4	10:57	4.7	2:28	3.1	3:53	-0.4	7:24	5:09	
12	Tue	9:15	6.4	11:39	4.9	3:23	3.1	4:34	-0.5	7:24	5:10	
13	Wed	9:58	6.3			4:11	3.1	5:10	-0.6	7:24	5:11	
14	Thu	12:15	4.9	10:37 AM	6.2	4:53	3.0	5:43	-0.6	7:23	5:12	
15	Fri	12:46	4.9	11:14 AM	6.1	5:32	2.9	6:14	-0.5	7:23	5:14	
16	Sat	1:15	5.0	11:51 AM	5.9	6:09	2.7	6:43	-0.4	7:23	5:15	
17	Sun	1:41	5.0	12:27	5.6	6:46	2.6	7:11	-0.1	7:22	5:16	
18	Mon	2:06	5.1	1:04	5.3	7:26	2.5	7:40	0.2	7:22	5:17	
19	Tue	2:32	5.2	1:45	4.9	8:08	2.3	8:09	0.6	7:21	5:18	
20	Wed	3:00	5.3	2:32	4.4	8:56	2.1	8:41	1.1	7:21	5:19	
21	Thu	3:32	5.4	3:33	4.0	9:52	1.9	9:17	1.7	7:20	5:20	
22	Fri	4:08	5.6	4:58	3.6	10:57	1.6	10:00	2.3	7:20	5:21	
23	Sat	4:51	5.7	6:48	3.5			12:07	1.2	7:19	5:22	
24	Sun	5:42	5.9	8:28	3.8			1:14	0.6	7:19	5:23	
25	Mon	6:38	6.1	9:33	4.2	12:13	3.1	2:13	0.0	7:18	5:24	
26	Tue	7:37	6.4	10:21	4.5	1:27	3.2	3:05	-0.5	7:17	5:25	
27	Wed	8:35	6.7	11:01	4.8	2:32	3.1	3:53	-1.0	7:17	5:27	
28	Thu	9:30	7.0	11:39	5.1	3:29	2.9	4:38	-1.3	7:16	5:28	
29	Fri	10:24	7.1			4:23	2.5	5:22	-1.4	7:15	5:29	
30	Sat	12:16	5.4	11:17 AM	7.0	5:16	2.1	6:04	-1.3	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	**12:53**	5.6	**12:10**	6.7	**6:09**	1.7	**6:44**	-1.0	7:14	5:31	◯