

Point San Quentin, CA - Mar 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:34	5.3	1:24	5.0	7:23	1.2	7:27	0.6	6:40	6:03	
2	Sat	1:58	5.3	2:09	4.6	8:03	1.0	7:57	1.2	6:39	6:04	
3	Sun	2:23	5.3	3:00	4.1	8:46	0.9	8:27	1.7	6:38	6:05	
4	Mon	2:49	5.3	4:03	3.8	9:33	0.9	8:59	2.3	6:36	6:06	
5	Tue	3:21	5.2	5:31	3.5	10:28	0.9	9:39	2.8	6:35	6:07	
6	Wed	4:01	5.1	7:36	3.6	11:35	0.8	10:47	3.2	6:33	6:08	
7	Thu	4:56	5.0	9:03	3.8			12:49	0.7	6:32	6:09	
8	Fri	6:03	5.0	9:46	4.1	12:31	3.3	1:56	0.4	6:30	6:10	
9	Sat	7:12	5.1	10:16	4.3	1:51	3.2	2:49	0.1	6:29	6:11	
10	Sun	8:14	5.4	10:43	4.5	2:46	2.9	3:33	-0.2	6:27	6:12	
11	Mon	9:09	5.6	11:09	4.7	3:29	2.6	4:11	-0.4	6:26	6:13	
12	Tue	9:59	5.8	11:35	4.9	4:10	2.1	4:46	-0.5	6:24	6:14	
13	Wed	10:48	5.8			4:50	1.7	5:20	-0.5	6:23	6:15	
14	Thu	12:01	5.2	11:37 AM	5.8	5:31	1.1	5:54	-0.2	6:21	6:16	
15	Fri	12:29	5.5	12:28	5.6	6:15	0.6	6:29	0.2	6:20	6:17	
16	Sat	12:59	5.7	1:22	5.2	7:01	0.2	7:05	0.7	6:18	6:18	
17	Sun	1:31	6.0	2:22	4.8	7:51	-0.1	7:43	1.4	6:17	6:19	
18	Mon	2:07	6.1	3:30	4.4	8:46	-0.3	8:26	2.0	6:15	6:20	
19	Tue	2:48	6.1	4:53	4.0	9:47	-0.3	9:18	2.6	6:14	6:21	
20	Wed	3:39	5.9	6:31	4.0	10:59	-0.3	10:32	3.0	6:12	6:21	
21	Thu	4:42	5.7	8:00	4.2			12:18	-0.2	6:11	6:22	
22	Fri	5:59	5.5	9:01	4.5	12:13	3.1	1:33	-0.3	6:09	6:23	
23	Sat	7:17	5.4	9:47	4.7	1:43	2.9	2:36	-0.4	6:08	6:24	
24	Sun	8:27	5.4	10:25	4.9	2:49	2.4	3:27	-0.4	6:06	6:25	
25	Mon	9:28	5.4	10:57	5.1	3:43	2.0	4:10	-0.3	6:04	6:26	
26	Tue	10:20	5.3	11:27	5.2	4:29	1.5	4:46	-0.1	6:03	6:27	
27	Wed	11:08	5.2	11:53	5.3	5:10	1.1	5:19	0.2	6:01	6:28	
28	Thu	11:54	5.0			5:48	0.8	5:49	0.6	6:00	6:29	
29	Fri	12:16	5.4	12:38	4.7	6:23	0.5	6:19	1.0	5:58	6:30	
30	Sat	12:38	5.4	1:23	4.5	6:58	0.3	6:48	1.5	5:57	6:31	
31	Sun	1:00	5.4	2:09	4.3	7:33	0.2	7:17	1.9	5:55	6:32	