

Point San Quentin, CA - Jul 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:47	5.0	5:54	5.0	10:38	-0.1	11:29	2.4	5:51	8:36	
2	Tue	4:49	4.5	6:31	5.3	11:21	0.4			5:51	8:36	
3	Wed	6:07	4.0	7:09	5.7	12:40	1.9	12:08	1.0	5:52	8:36	
4	Thu	7:43	3.7	7:50	6.0	1:49	1.2	1:00	1.6	5:52	8:35	
5	Fri	9:22	3.8	8:35	6.4	2:51	0.5	1:57	2.2	5:53	8:35	
6	Sat	10:47	4.0	9:23	6.7	3:48	-0.2	2:57	2.6	5:53	8:35	
7	Sun	11:54	4.4	10:14	6.9	4:42	-0.8	3:58	2.9	5:54	8:35	
8	Mon			12:50	4.6	5:34	-1.2	4:57	3.0	5:55	8:34	
9	Tue			1:40	4.8	6:23	-1.5	5:55	2.9	5:55	8:34	
10	Wed			2:25	5.0	7:12	-1.5	6:51	2.8	5:56	8:34	
11	Thu	12:51	6.9	3:09	5.1	7:59	-1.4	7:48	2.7	5:56	8:33	
12	Fri	1:42	6.5	3:50	5.1	8:43	-1.1	8:46	2.5	5:57	8:33	
13	Sat	2:33	6.0	4:31	5.2	9:26	-0.7	9:47	2.4	5:58	8:32	
14	Sun	3:25	5.4	5:10	5.3	10:08	-0.2	10:53	2.2	5:59	8:32	
15	Mon	4:22	4.8	5:49	5.4	10:50	0.4			5:59	8:31	
16	Tue	5:29	4.1	6:27	5.5	12:02	1.9	11:33 AM	1.1	6:00	8:31	
17	Wed	6:53	3.7	7:06	5.5	1:11	1.6	12:20	1.8	6:01	8:30	
18	Thu	8:35	3.5	7:47	5.6	2:17	1.2	1:14	2.3	6:01	8:30	
19	Fri	10:09	3.7	8:29	5.7	3:14	0.8	2:14	2.8	6:02	8:29	
20	Sat	11:18	4.0	9:12	5.8	4:04	0.4	3:13	3.1	6:03	8:28	
21	Sun			12:08	4.3	4:48	0.1	4:07	3.2	6:04	8:28	
22	Mon			12:47	4.5	5:28	-0.1	4:53	3.2	6:05	8:27	
23	Tue			1:22	4.6	6:05	-0.3	5:35	3.2	6:05	8:26	
24	Wed			1:53	4.6	6:39	-0.5	6:13	3.1	6:06	8:26	
25	Thu	12:01	6.2	2:23	4.7	7:12	-0.6	6:51	2.9	6:07	8:25	
26	Fri	12:40	6.2	2:52	4.8	7:44	-0.6	7:31	2.7	6:08	8:24	
27	Sat	1:21	6.1	3:21	4.9	8:16	-0.6	8:14	2.5	6:09	8:23	
28	Sun	2:03	5.8	3:51	5.1	8:49	-0.4	9:03	2.3	6:09	8:22	
29	Mon	2:49	5.4	4:22	5.3	9:24	0.0	9:57	2.0	6:10	8:21	
30	Tue	3:43	4.9	4:56	5.6	10:00	0.5	10:59	1.6	6:11	8:20	
31	Wed	4:48	4.4	5:34	5.8	10:40	1.2			6:12	8:19	