

Point San Quentin, CA - Dec 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:25	6.0	11:00	4.3	3:02	1.9	4:21	0.0	7:07	4:50	
2	Mon	9:53	6.1	11:53	4.5	3:43	2.3	4:57	-0.2	7:08	4:50	
3	Tue	10:21	6.1			4:22	2.7	5:31	-0.4	7:09	4:50	
4	Wed	12:40	4.6	10:50 AM	6.1	5:00	3.0	6:04	-0.5	7:10	4:50	
5	Thu	1:24	4.6	11:22 AM	6.0	5:38	3.1	6:37	-0.5	7:11	4:50	
6	Fri	2:05	4.6	11:55 AM	5.9	6:15	3.3	7:11	-0.5	7:11	4:50	
7	Sat	2:45	4.5	12:32	5.8	6:54	3.3	7:47	-0.4	7:12	4:50	
8	Sun	3:26	4.5	1:10	5.6	7:36	3.3	8:26	-0.4	7:13	4:50	
9	Mon	4:06	4.5	1:53	5.3	8:25	3.3	9:07	-0.2	7:14	4:50	
10	Tue	4:47	4.5	2:41	5.0	9:26	3.2	9:51	0.0	7:15	4:50	
11	Wed	5:27	4.7	3:39	4.6	10:39	3.0	10:37	0.3	7:16	4:50	
12	Thu	6:05	4.9	4:51	4.2	11:53	2.6	11:26	0.7	7:16	4:51	
13	Fri	6:41	5.2	6:19	3.9			12:59	1.9	7:17	4:51	
14	Sat	7:16	5.6	7:50	3.9	12:17	1.1	1:54	1.2	7:18	4:51	
15	Sun	7:52	6.0	9:13	4.1	1:09	1.6	2:45	0.4	7:18	4:51	
16	Mon	8:30	6.4	10:25	4.3	2:01	2.1	3:33	-0.4	7:19	4:52	
17	Tue	9:12	6.8	11:27	4.6	2:53	2.4	4:20	-1.0	7:20	4:52	
18	Wed	9:56	7.0			3:45	2.7	5:08	-1.5	7:20	4:52	
19	Thu	12:23	4.8	10:44 AM	7.2	4:38	2.9	5:57	-1.7	7:21	4:53	
20	Fri	1:14	5.0	11:34 AM	7.2	5:32	2.9	6:47	-1.7	7:21	4:53	
21	Sat	2:04	5.0	12:26	6.9	6:27	2.9	7:36	-1.6	7:22	4:54	
22	Sun	2:52	5.1	1:20	6.5	7:27	2.8	8:26	-1.2	7:22	4:54	
23	Mon	3:40	5.1	2:16	6.0	8:33	2.7	9:15	-0.7	7:23	4:55	
24	Tue	4:28	5.2	3:17	5.3	9:46	2.5	10:04	-0.2	7:23	4:55	
25	Wed	5:15	5.3	4:26	4.5	11:05	2.2	10:55	0.5	7:24	4:56	
26	Thu	6:01	5.4	5:50	4.0			12:23	1.8	7:24	4:57	
27	Fri	6:44	5.6	7:25	3.7			1:33	1.3	7:24	4:57	
28	Sat	7:25	5.7	8:56	3.8	12:41	1.7	2:32	0.8	7:25	4:58	
29	Sun	8:03	5.9	10:10	4.0	1:36	2.3	3:21	0.3	7:25	4:59	
30	Mon	8:40	5.9	11:07	4.3	2:30	2.7	4:03	0.0	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	9:16	6.0	11:53	4.5	3:20	3.0	4:41	-0.3	7:25	5:00	