

Point San Quentin, CA - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:54	5.6	11:47	4.7	4:15	2.5	4:55	-0.3	6:41	6:03	
2	Sun	10:37	5.7			4:51	2.2	5:24	-0.3	6:39	6:04	
3	Mon	12:10	4.8	11:18 AM	5.6	5:25	1.8	5:52	-0.2	6:38	6:05	
4	Tue	12:33	5.0	12:00	5.5	6:01	1.5	6:20	0.0	6:36	6:06	
5	Wed	12:57	5.2	12:44	5.2	6:39	1.1	6:49	0.4	6:35	6:07	
6	Thu	1:23	5.5	1:32	4.9	7:20	0.7	7:19	0.9	6:34	6:08	
7	Fri	1:50	5.7	2:27	4.5	8:05	0.5	7:53	1.4	6:32	6:09	
8	Sat	2:22	5.8	3:33	4.1	8:56	0.2	8:30	2.0	6:31	6:10	
9	Sun	2:59	5.9	4:58	3.8	9:57	0.1	9:16	2.6	6:29	6:11	
10	Mon	3:47	5.8	6:44	3.8	11:08	0.0	10:23	3.0	6:28	6:12	
11	Tue	4:49	5.7	8:18	4.0			12:28	-0.1	6:26	6:13	
12	Wed	6:05	5.7	9:17	4.3	12:02	3.2	1:43	-0.3	6:25	6:14	
13	Thu	7:23	5.7	10:00	4.6	1:36	3.0	2:46	-0.6	6:23	6:15	
14	Fri	8:34	5.8	10:37	4.9	2:46	2.6	3:37	-0.7	6:22	6:16	
15	Sat	9:35	5.9	11:11	5.2	3:43	2.1	4:22	-0.7	6:20	6:17	
16	Sun	10:31	5.9	11:43	5.4	4:33	1.5	5:01	-0.5	6:19	6:17	
17	Mon	11:23	5.7			5:20	1.0	5:38	-0.2	6:17	6:18	
18	Tue	12:13	5.5	12:14	5.4	6:04	0.6	6:13	0.3	6:16	6:19	
19	Wed	12:42	5.7	1:04	5.0	6:47	0.4	6:47	0.8	6:14	6:20	
20	Thu	1:10	5.7	1:55	4.7	7:30	0.2	7:21	1.4	6:12	6:21	
21	Fri	1:38	5.7	2:50	4.3	8:13	0.1	7:56	2.0	6:11	6:22	
22	Sat	2:06	5.6	3:53	4.0	8:58	0.2	8:34	2.5	6:09	6:23	
23	Sun	2:39	5.4	5:12	3.8	9:49	0.3	9:22	2.9	6:08	6:24	
24	Mon	3:19	5.2	6:53	3.8	10:50	0.5	10:35	3.2	6:06	6:25	
25	Tue	4:12	4.9	8:16	3.9			12:02	0.5	6:05	6:26	
26	Wed	5:20	4.7	9:05	4.1	12:15	3.2	1:13	0.5	6:03	6:27	
27	Thu	6:35	4.7	9:38	4.3	1:32	3.0	2:11	0.3	6:02	6:28	
28	Fri	7:42	4.8	10:04	4.4	2:28	2.7	2:57	0.2	6:00	6:29	
29	Sat	8:40	4.9	10:27	4.6	3:13	2.3	3:35	0.1	5:59	6:30	
30	Sun	9:32	5.0	10:50	4.8	3:51	1.9	4:08	0.1	5:57	6:30	
31	Mon	10:20	5.1	11:13	5.1	4:27	1.4	4:38	0.2	5:56	6:31	