

Point San Quentin, CA - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:04	7.0	3:26	5.0	8:14	-1.7	8:01	2.7	5:51	8:36	
2	Wed	1:58	6.7	4:10	5.1	9:02	-1.4	9:05	2.5	5:51	8:36	
3	Thu	2:54	6.1	4:54	5.3	9:48	-1.0	10:14	2.2	5:52	8:36	
4	Fri	3:54	5.5	5:37	5.5	10:35	-0.4	11:28	1.9	5:52	8:35	
5	Sat	5:00	4.7	6:21	5.6	11:22	0.3			5:53	8:35	
6	Sun	6:18	4.1	7:05	5.8	12:44	1.6	12:11	1.0	5:53	8:35	
7	Mon	7:51	3.7	7:48	5.9	1:56	1.1	1:03	1.7	5:54	8:35	
8	Tue	9:28	3.7	8:32	6.0	3:01	0.6	2:01	2.3	5:54	8:34	
9	Wed	10:49	4.0	9:14	6.1	3:56	0.2	2:59	2.7	5:55	8:34	
10	Thu	11:51	4.3	9:56	6.1	4:44	-0.1	3:55	3.0	5:56	8:34	
11	Fri			12:40	4.5	5:26	-0.3	4:46	3.1	5:56	8:33	
12	Sat			1:21	4.6	6:04	-0.4	5:32	3.2	5:57	8:33	
13	Sun			1:57	4.6	6:40	-0.5	6:13	3.1	5:58	8:33	
14	Mon			2:30	4.6	7:13	-0.5	6:51	3.0	5:58	8:32	
15	Tue	12:32	6.0	2:59	4.6	7:45	-0.5	7:28	2.9	5:59	8:32	
16	Wed	1:10	5.9	3:27	4.7	8:15	-0.5	8:07	2.8	6:00	8:31	
17	Thu	1:47	5.7	3:54	4.8	8:45	-0.3	8:49	2.7	6:01	8:30	
18	Fri	2:26	5.4	4:22	4.9	9:15	-0.1	9:36	2.5	6:01	8:30	
19	Sat	3:08	5.0	4:51	5.1	9:47	0.3	10:30	2.2	6:02	8:29	
20	Sun	3:59	4.5	5:23	5.3	10:21	0.7	11:31	1.9	6:03	8:29	
21	Mon	5:03	4.0	5:58	5.6	10:59	1.3			6:04	8:28	
22	Tue	6:30	3.7	6:38	5.8	12:37	1.5	11:44 AM	1.9	6:04	8:27	
23	Wed	8:19	3.6	7:25	6.1	1:45	0.9	12:40	2.5	6:05	8:27	
24	Thu	9:59	3.8	8:18	6.4	2:49	0.3	1:47	2.9	6:06	8:26	
25	Fri	11:11	4.2	9:15	6.7	3:47	-0.3	2:57	3.1	6:07	8:25	
26	Sat			12:04	4.5	4:42	-0.8	4:02	3.1	6:08	8:24	
27	Sun			12:49	4.7	5:33	-1.2	5:02	2.9	6:08	8:23	
28	Mon			1:31	4.9	6:22	-1.4	5:59	2.7	6:09	8:22	
29	Tue	12:04	7.1	2:10	5.1	7:08	-1.4	6:55	2.4	6:10	8:22	
30	Wed	12:58	6.9	2:48	5.3	7:52	-1.2	7:52	2.1	6:11	8:21	
31	Thu	1:52	6.5	3:26	5.5	8:35	-0.8	8:50	1.8	6:12	8:20	