

Point San Quentin, CA - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:46	5.9	4:04	5.7	9:15	-0.3	9:51	1.6	6:13	8:19	
2	Sat	3:44	5.2	4:42	5.8	9:56	0.4	10:56	1.4	6:13	8:18	
3	Sun	4:50	4.5	5:23	5.9	10:39	1.2			6:14	8:17	
4	Mon	6:10	4.0	6:05	5.9	12:05	1.2	11:27 AM	1.9	6:15	8:16	
5	Tue	7:50	3.8	6:53	5.8	1:17	0.9	12:25	2.5	6:16	8:15	
6	Wed	9:32	4.0	7:45	5.8	2:25	0.7	1:36	3.0	6:17	8:14	
7	Thu	10:45	4.3	8:38	5.8	3:26	0.4	2:47	3.2	6:18	8:12	
8	Fri	11:36	4.5	9:30	5.9	4:18	0.2	3:48	3.2	6:19	8:11	
9	Sat			12:16	4.6	5:03	0.0	4:37	3.1	6:19	8:10	
10	Sun			12:49	4.7	5:41	-0.1	5:19	3.0	6:20	8:09	
11	Mon			1:18	4.7	6:15	-0.2	5:57	2.8	6:21	8:08	
12	Tue			1:44	4.8	6:46	-0.2	6:33	2.6	6:22	8:07	
13	Wed	12:19	6.0	2:08	4.9	7:14	-0.2	7:08	2.4	6:23	8:05	
14	Thu	12:57	5.8	2:32	5.0	7:41	-0.1	7:44	2.2	6:24	8:04	
15	Fri	1:35	5.6	2:57	5.2	8:08	0.1	8:23	1.9	6:25	8:03	
16	Sat	2:16	5.3	3:22	5.3	8:36	0.5	9:07	1.7	6:26	8:02	
17	Sun	3:02	4.9	3:50	5.5	9:06	1.0	9:55	1.4	6:26	8:00	
18	Mon	3:57	4.4	4:22	5.7	9:39	1.5	10:52	1.2	6:27	7:59	
19	Tue	5:08	4.0	5:00	5.8	10:17	2.1	11:58	0.9	6:28	7:58	
20	Wed	6:44	3.8	5:49	6.0	11:06	2.7			6:29	7:56	
21	Thu	8:36	3.8	6:49	6.1	1:12	0.6	12:15	3.1	6:30	7:55	
22	Fri	10:02	4.1	7:57	6.3	2:25	0.2	1:42	3.3	6:31	7:54	
23	Sat	10:57	4.5	9:04	6.5	3:30	-0.3	3:01	3.2	6:32	7:52	
24	Sun	11:40	4.7	10:07	6.7	4:26	-0.6	4:06	2.9	6:33	7:51	
25	Mon			12:18	5.0	5:16	-0.9	5:03	2.4	6:33	7:49	
26	Tue			12:54	5.2	6:01	-0.9	5:56	2.0	6:34	7:48	
27	Wed	12:00	6.7	1:28	5.5	6:43	-0.7	6:47	1.6	6:35	7:47	
28	Thu	12:53	6.4	2:02	5.7	7:22	-0.4	7:39	1.2	6:36	7:45	
29	Fri	1:46	6.0	2:36	5.8	8:00	0.1	8:30	1.0	6:37	7:44	
30	Sat	2:41	5.5	3:09	5.9	8:38	0.7	9:23	0.8	6:38	7:42	
31	Sun	3:39	4.9	3:44	5.9	9:17	1.4	10:18	0.8	6:39	7:41	