

Point San Quentin, CA - Sep 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:45	4.4	4:21	5.8	9:59	2.1	11:19	0.8	6:39	7:39	
2	Tue	6:07	4.1	5:04	5.7	10:49	2.7			6:40	7:38	
3	Wed	7:48	4.0	5:56	5.5	12:27	0.8	11:58 AM	3.1	6:41	7:36	
4	Thu	9:20	4.2	6:58	5.4	1:40	0.7	1:25	3.3	6:42	7:35	
5	Fri	10:20	4.4	8:04	5.4	2:47	0.6	2:40	3.3	6:43	7:33	
6	Sat	11:02	4.6	9:04	5.5	3:43	0.5	3:37	3.1	6:44	7:32	
7	Sun	11:34	4.7	9:56	5.6	4:28	0.3	4:23	2.8	6:44	7:30	
8	Mon			12:02	4.8	5:06	0.2	5:02	2.5	6:45	7:29	
9	Tue			12:26	4.9	5:38	0.1	5:37	2.2	6:46	7:27	
10	Wed			12:49	5.0	6:07	0.2	6:12	1.9	6:47	7:26	
11	Thu	12:05	5.6	1:11	5.2	6:34	0.3	6:46	1.6	6:48	7:24	
12	Fri	12:47	5.5	1:34	5.4	7:01	0.5	7:21	1.2	6:49	7:22	
13	Sat	1:30	5.3	1:58	5.6	7:28	0.9	7:59	0.9	6:50	7:21	
14	Sun	2:16	5.0	2:25	5.8	7:58	1.3	8:41	0.6	6:50	7:19	
15	Mon	3:08	4.7	2:55	5.9	8:30	1.8	9:29	0.4	6:51	7:18	
16	Tue	4:10	4.4	3:30	5.9	9:06	2.3	10:25	0.3	6:52	7:16	
17	Wed	5:28	4.1	4:16	5.9	9:49	2.8	11:31	0.3	6:53	7:15	
18	Thu	7:04	4.0	5:15	5.9	10:51	3.2			6:54	7:13	
19	Fri	8:38	4.2	6:29	5.8	12:47	0.2	12:23	3.4	6:55	7:11	
20	Sat	9:42	4.5	7:47	5.9	2:04	0.0	1:59	3.2	6:56	7:10	
21	Sun	10:26	4.8	9:00	6.0	3:09	-0.2	3:12	2.8	6:56	7:08	
22	Mon	11:04	5.0	10:05	6.1	4:03	-0.4	4:11	2.2	6:57	7:07	
23	Tue	11:38	5.3	11:04	6.1	4:50	-0.4	5:03	1.6	6:58	7:05	
24	Wed			12:11	5.6	5:31	-0.2	5:51	1.1	6:59	7:04	
25	Thu			12:42	5.8	6:10	0.2	6:38	0.6	7:00	7:02	
26	Fri	12:53	5.7	1:13	6.0	6:47	0.6	7:23	0.3	7:01	7:01	
27	Sat	1:47	5.4	1:44	6.1	7:24	1.2	8:08	0.1	7:02	6:59	
28	Sun	2:42	5.0	2:15	6.0	8:01	1.7	8:53	0.1	7:03	6:57	
29	Mon	3:40	4.7	2:47	5.9	8:40	2.3	9:41	0.2	7:03	6:56	
30	Tue	4:45	4.4	3:23	5.7	9:24	2.8	10:33	0.3	7:04	6:54	