

Point San Quentin, CA - Oct 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:03	4.3	4:06	5.4	10:19	3.2	11:35	0.5	7:05	6:53	
2	Thu	7:31	4.2	5:01	5.1	11:40	3.4			7:06	6:51	
3	Fri	8:47	4.4	6:10	4.9	12:45	0.6	1:12	3.4	7:07	6:50	
4	Sat	9:38	4.5	7:24	4.9	1:55	0.6	2:24	3.1	7:08	6:48	
5	Sun	10:13	4.6	8:31	4.9	2:53	0.6	3:17	2.8	7:09	6:47	
6	Mon	10:41	4.8	9:29	5.0	3:39	0.5	4:01	2.4	7:10	6:45	
7	Tue	11:05	4.9	10:20	5.1	4:17	0.5	4:40	1.9	7:11	6:44	
8	Wed	11:27	5.1	11:08	5.1	4:49	0.5	5:15	1.5	7:12	6:42	
9	Thu	11:50	5.4	11:54	5.1	5:19	0.7	5:49	1.0	7:12	6:41	
10	Fri			12:13	5.6	5:48	1.0	6:23	0.6	7:13	6:39	
11	Sat	12:42	5.0	12:38	5.9	6:18	1.3	7:00	0.2	7:14	6:38	
12	Sun	1:32	4.9	1:05	6.1	6:50	1.7	7:39	-0.2	7:15	6:36	
13	Mon	2:24	4.8	1:36	6.2	7:24	2.2	8:22	-0.4	7:16	6:35	
14	Tue	3:22	4.6	2:12	6.2	8:01	2.6	9:11	-0.5	7:17	6:34	
15	Wed	4:27	4.4	2:55	6.1	8:45	3.0	10:07	-0.4	7:18	6:32	
16	Thu	5:42	4.3	3:49	5.9	9:41	3.2	11:13	-0.3	7:19	6:31	
17	Fri	7:02	4.4	4:57	5.7	11:02	3.4			7:20	6:29	
18	Sat	8:12	4.5	6:17	5.4	12:26	-0.2	12:44	3.2	7:21	6:28	
19	Sun	9:04	4.8	7:40	5.3	1:37	-0.1	2:11	2.8	7:22	6:27	
20	Mon	9:46	5.1	8:56	5.2	2:39	-0.1	3:17	2.1	7:23	6:25	
21	Tue	10:22	5.5	10:04	5.2	3:31	0.1	4:11	1.4	7:24	6:24	
22	Wed	10:55	5.8	11:06	5.2	4:15	0.3	5:00	0.8	7:25	6:23	
23	Thu	11:27	6.0			4:56	0.7	5:45	0.3	7:26	6:21	
24	Fri	12:04	5.1	11:57 AM	6.2	5:35	1.2	6:27	-0.1	7:27	6:20	
25	Sat	12:59	5.0	12:27	6.3	6:13	1.7	7:07	-0.4	7:28	6:19	
26	Sun	1:54	4.9	11:56 AM	6.2	5:51	2.2	6:47	-0.5	6:29	5:18	
27	Mon	1:48	4.8	12:27	6.1	6:30	2.6	7:27	-0.4	6:30	5:17	
28	Tue	2:43	4.6	1:00	5.9	7:11	3.0	8:09	-0.3	6:31	5:15	
29	Wed	3:42	4.5	1:37	5.6	7:58	3.2	8:56	0.0	6:32	5:14	
30	Thu	4:45	4.4	2:20	5.3	8:55	3.4	9:49	0.2	6:33	5:13	
31	Fri	5:52	4.4	3:14	5.0	10:12	3.5	10:49	0.4	6:34	5:12	