

Point San Quentin, CA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:58	4.6	5:46	-0.7	5:08	3.0	5:50	8:36	
2	Thu			1:43	4.7	6:27	-0.8	5:57	3.1	5:51	8:36	
3	Fri			2:23	4.7	7:05	-0.8	6:42	3.0	5:51	8:36	
4	Sat	12:26	6.1	3:00	4.7	7:41	-0.7	7:25	3.0	5:52	8:35	
5	Sun	1:04	5.9	3:33	4.7	8:15	-0.6	8:07	2.9	5:53	8:35	
6	Mon	1:43	5.7	4:04	4.7	8:48	-0.4	8:51	2.8	5:53	8:35	
7	Tue	2:21	5.4	4:33	4.7	9:20	-0.2	9:39	2.7	5:54	8:35	
8	Wed	3:02	5.0	5:02	4.8	9:52	0.1	10:33	2.5	5:54	8:35	
9	Thu	3:48	4.5	5:32	5.0	10:25	0.6	11:33	2.3	5:55	8:34	
10	Fri	4:43	4.0	6:04	5.2	11:00	1.1			5:56	8:34	
11	Sat	5:56	3.6	6:40	5.4	12:37	1.9	11:39 AM	1.6	5:56	8:33	
12	Sun	7:33	3.4	7:20	5.6	1:41	1.5	12:25	2.2	5:57	8:33	
13	Mon	9:19	3.5	8:03	5.9	2:39	0.9	1:23	2.6	5:57	8:33	
14	Tue	10:44	3.8	8:51	6.2	3:31	0.4	2:26	3.0	5:58	8:32	
15	Wed	11:43	4.1	9:41	6.5	4:20	-0.2	3:28	3.1	5:59	8:32	
16	Thu			12:30	4.4	5:07	-0.7	4:25	3.1	6:00	8:31	
17	Fri			1:12	4.6	5:54	-1.1	5:20	3.0	6:00	8:31	
18	Sat			1:52	4.8	6:39	-1.4	6:13	2.8	6:01	8:30	
19	Sun	12:18	7.0	2:30	5.0	7:24	-1.4	7:08	2.5	6:02	8:29	
20	Mon	1:10	6.8	3:08	5.2	8:07	-1.3	8:05	2.2	6:03	8:29	
21	Tue	2:04	6.5	3:46	5.5	8:50	-1.0	9:05	1.9	6:03	8:28	
22	Wed	3:01	5.9	4:25	5.7	9:32	-0.4	10:11	1.6	6:04	8:27	
23	Thu	4:03	5.2	5:06	5.9	10:15	0.3	11:21	1.3	6:05	8:27	
24	Fri	5:14	4.5	5:49	6.1	11:01	1.0			6:06	8:26	
25	Sat	6:41	4.0	6:36	6.2	12:36	1.0	11:52 AM	1.8	6:07	8:25	
26	Sun	8:23	3.8	7:27	6.2	1:50	0.6	12:54	2.4	6:07	8:24	
27	Mon	9:57	4.0	8:21	6.2	2:58	0.2	2:04	2.9	6:08	8:23	
28	Tue	11:06	4.4	9:15	6.2	3:57	0.0	3:13	3.1	6:09	8:23	
29	Wed	11:58	4.6	10:06	6.2	4:48	-0.2	4:13	3.1	6:10	8:22	
30	Thu			12:41	4.8	5:32	-0.4	5:04	3.0	6:11	8:21	
31	Fri			1:18	4.8	6:11	-0.4	5:49	2.9	6:12	8:20	