

Point San Quentin, CA - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			1:50	4.8	6:46	-0.4	6:29	2.8	6:12	8:19	
2	Sun	12:14	6.0	2:18	4.8	7:17	-0.3	7:07	2.6	6:13	8:18	
3	Mon	12:51	5.9	2:44	4.9	7:46	-0.2	7:44	2.4	6:14	8:17	
4	Tue	1:28	5.6	3:07	4.9	8:13	0.0	8:22	2.3	6:15	8:16	
5	Wed	2:05	5.3	3:31	5.1	8:40	0.3	9:03	2.1	6:16	8:15	
6	Thu	2:46	4.9	3:56	5.2	9:07	0.7	9:48	1.9	6:17	8:14	
7	Fri	3:31	4.5	4:24	5.3	9:36	1.2	10:38	1.7	6:18	8:13	
8	Sat	4:26	4.1	4:56	5.5	10:07	1.7	11:37	1.5	6:18	8:12	
9	Sun	5:42	3.7	5:35	5.6	10:44	2.3			6:19	8:10	
10	Mon	7:27	3.5	6:23	5.7	12:44	1.2	11:33 AM	2.8	6:20	8:09	
11	Tue	9:21	3.7	7:20	5.9	1:53	0.8	12:45	3.2	6:21	8:08	
12	Wed	10:35	4.0	8:22	6.2	2:57	0.3	2:07	3.3	6:22	8:07	
13	Thu	11:22	4.3	9:23	6.5	3:54	-0.2	3:18	3.2	6:23	8:06	
14	Fri			12:01	4.6	4:45	-0.6	4:18	2.9	6:24	8:04	
15	Sat			12:37	4.9	5:32	-0.9	5:12	2.6	6:24	8:03	
16	Sun			1:11	5.1	6:16	-1.1	6:05	2.1	6:25	8:02	
17	Mon	12:11	6.9	1:46	5.4	6:58	-1.0	6:58	1.7	6:26	8:01	
18	Tue	1:05	6.6	2:21	5.7	7:38	-0.7	7:52	1.3	6:27	7:59	
19	Wed	2:01	6.2	2:57	5.9	8:18	-0.1	8:48	1.0	6:28	7:58	
20	Thu	2:59	5.6	3:34	6.1	8:58	0.5	9:48	0.7	6:29	7:57	
21	Fri	4:03	5.0	4:14	6.2	9:41	1.2	10:52	0.6	6:30	7:55	
22	Sat	5:17	4.4	4:58	6.2	10:27	2.0			6:31	7:54	
23	Sun	6:47	4.1	5:49	6.1	12:02	0.5	11:25 AM	2.6	6:31	7:53	
24	Mon	8:28	4.1	6:49	5.9	1:17	0.5	12:41	3.0	6:32	7:51	
25	Tue	9:50	4.4	7:53	5.8	2:30	0.3	2:05	3.2	6:33	7:50	
26	Wed	10:47	4.6	8:56	5.8	3:33	0.2	3:15	3.1	6:34	7:48	
27	Thu	11:30	4.8	9:51	5.8	4:25	0.1	4:11	2.9	6:35	7:47	
28	Fri			12:06	4.9	5:08	0.0	4:56	2.7	6:36	7:45	
29	Sat			12:36	4.9	5:44	0.0	5:36	2.4	6:37	7:44	
30	Sun			1:02	4.9	6:15	0.1	6:12	2.2	6:37	7:43	
31	Mon	12:01	5.7	1:25	5.0	6:42	0.2	6:47	1.9	6:38	7:41	