

Point San Quentin, CA - Nov 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:56	4.5	12:23	6.1	6:20	2.9	7:27	-0.5	6:35	5:11	
2	Mon	2:50	4.5	1:02	6.0	7:00	3.1	8:13	-0.6	6:36	5:10	
3	Tue	3:49	4.4	1:48	5.9	7:47	3.3	9:07	-0.5	6:37	5:09	
4	Wed	4:53	4.4	2:44	5.6	8:50	3.4	10:07	-0.3	6:38	5:08	
5	Thu	5:55	4.5	3:53	5.3	10:17	3.3	11:11	-0.2	6:39	5:07	
6	Fri	6:48	4.7	5:14	5.0	11:52	2.9			6:40	5:06	
7	Sat	7:32	5.0	6:38	4.8	12:14	0.0	1:10	2.3	6:41	5:05	
8	Sun	8:11	5.4	7:58	4.7	1:11	0.2	2:12	1.5	6:42	5:04	
9	Mon	8:47	5.8	9:12	4.7	2:02	0.6	3:06	0.7	6:44	5:03	
10	Tue	9:22	6.2	10:19	4.8	2:49	1.0	3:55	0.0	6:45	5:02	
11	Wed	9:57	6.5	11:21	4.9	3:34	1.4	4:41	-0.6	6:46	5:01	
12	Thu	10:32	6.7			4:18	1.9	5:25	-0.9	6:47	5:00	
13	Fri	12:19	4.9	11:09 AM	6.7	5:02	2.3	6:09	-1.1	6:48	5:00	
14	Sat	1:15	4.9	11:47 AM	6.6	5:48	2.7	6:53	-1.1	6:49	4:59	
15	Sun	2:10	4.9	12:27	6.4	6:36	2.9	7:38	-0.9	6:50	4:58	
16	Mon	3:04	4.8	1:09	6.0	7:27	3.1	8:24	-0.6	6:51	4:57	
17	Tue	4:00	4.7	1:55	5.6	8:25	3.2	9:14	-0.3	6:52	4:57	
18	Wed	4:56	4.6	2:45	5.2	9:33	3.2	10:06	0.0	6:53	4:56	
19	Thu	5:49	4.6	3:43	4.7	10:51	3.1	11:00	0.4	6:54	4:55	
20	Fri	6:37	4.7	4:51	4.3			12:06	2.8	6:55	4:55	
21	Sat	7:16	4.8	6:08	4.0			1:11	2.4	6:56	4:54	
22	Sun	7:48	5.0	7:27	3.9	12:44	1.0	2:05	1.8	6:57	4:54	
23	Mon	8:16	5.3	8:40	3.9	1:29	1.3	2:50	1.3	6:58	4:53	
24	Tue	8:43	5.5	9:44	4.0	2:10	1.7	3:30	0.8	6:59	4:53	
25	Wed	9:10	5.8	10:41	4.2	2:49	2.0	4:05	0.3	7:00	4:52	
26	Thu	9:39	6.0	11:33	4.4	3:26	2.3	4:40	-0.2	7:02	4:52	
27	Fri	10:10	6.2			4:03	2.6	5:15	-0.5	7:03	4:52	
28	Sat	12:22	4.5	10:44 AM	6.3	4:41	2.9	5:52	-0.8	7:04	4:51	
29	Sun	1:09	4.6	11:22 AM	6.4	5:21	3.0	6:32	-1.0	7:04	4:51	
30	Mon	1:56	4.6	12:03	6.4	6:04	3.1	7:15	-1.1	7:05	4:51	