

## Point San Quentin, CA - Aug 1974

| Date |     | High  |     |       |     | Low   |      |          |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|----------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM       | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Thu |       |     | 1:09  | 4.8 | 6:10  | -0.2 | 5:56     | 2.6 | 6:12                                                                                | 8:19 |    |
| 2    | Fri |       |     | 1:38  | 4.8 | 6:42  | -0.2 | 6:34     | 2.5 | 6:13                                                                                | 8:18 |    |
| 3    | Sat | 12:24 | 5.9 | 2:04  | 4.9 | 7:12  | -0.1 | 7:10     | 2.3 | 6:14                                                                                | 8:17 |    |
| 4    | Sun | 1:01  | 5.7 | 2:29  | 5.0 | 7:40  | 0.0  | 7:46     | 2.2 | 6:15                                                                                | 8:16 |    |
| 5    | Mon | 1:38  | 5.5 | 2:54  | 5.1 | 8:08  | 0.3  | 8:24     | 2.0 | 6:16                                                                                | 8:15 |    |
| 6    | Tue | 2:17  | 5.2 | 3:20  | 5.3 | 8:36  | 0.6  | 9:04     | 1.8 | 6:17                                                                                | 8:14 |    |
| 7    | Wed | 2:59  | 4.8 | 3:50  | 5.4 | 9:06  | 0.9  | 9:50     | 1.7 | 6:18                                                                                | 8:13 |    |
| 8    | Thu | 3:47  | 4.4 | 4:22  | 5.5 | 9:39  | 1.4  | 10:42    | 1.5 | 6:18                                                                                | 8:12 |    |
| 9    | Fri | 4:48  | 4.1 | 5:01  | 5.6 | 10:17 | 1.8  | 11:44    | 1.3 | 6:19                                                                                | 8:10 |    |
| 10   | Sat | 6:08  | 3.8 | 5:47  | 5.8 | 11:03 | 2.3  |          |     | 6:20                                                                                | 8:09 |    |
| 11   | Sun | 7:47  | 3.7 | 6:42  | 5.9 | 12:54 | 1.0  | 12:05    | 2.7 | 6:21                                                                                | 8:08 |    |
| 12   | Mon | 9:17  | 3.9 | 7:43  | 6.1 | 2:04  | 0.6  | 1:20     | 2.9 | 6:22                                                                                | 8:07 |   |
| 13   | Tue | 10:22 | 4.2 | 8:45  | 6.4 | 3:07  | 0.1  | 2:34     | 2.9 | 6:23                                                                                | 8:06 |  |
| 14   | Wed | 11:10 | 4.5 | 9:46  | 6.6 | 4:02  | -0.3 | 3:39     | 2.7 | 6:24                                                                                | 8:04 |  |
| 15   | Thu | 11:52 | 4.9 | 10:43 | 6.8 | 4:51  | -0.6 | 4:37     | 2.3 | 6:25                                                                                | 8:03 |  |
| 16   | Fri |       |     | 12:30 | 5.2 | 5:37  | -0.8 | 5:31     | 1.9 | 6:25                                                                                | 8:02 |  |
| 17   | Sat |       |     | 1:08  | 5.5 | 6:21  | -0.8 | 6:24     | 1.5 | 6:26                                                                                | 8:01 |  |
| 18   | Sun | 12:33 | 6.7 | 1:46  | 5.8 | 7:03  | -0.6 | 7:17     | 1.1 | 6:27                                                                                | 7:59 |  |
| 19   | Mon | 1:28  | 6.3 | 2:24  | 6.0 | 7:45  | -0.2 | 8:11     | 0.9 | 6:28                                                                                | 7:58 |  |
| 20   | Tue | 2:23  | 5.9 | 3:03  | 6.2 | 8:26  | 0.3  | 9:07     | 0.7 | 6:29                                                                                | 7:57 |  |
| 21   | Wed | 3:22  | 5.3 | 3:43  | 6.2 | 9:09  | 0.9  | 10:06    | 0.6 | 6:30                                                                                | 7:55 |  |
| 22   | Thu | 4:25  | 4.8 | 4:27  | 6.2 | 9:55  | 1.6  | 11:10    | 0.6 | 6:31                                                                                | 7:54 |  |
| 23   | Fri | 5:39  | 4.4 | 5:16  | 6.0 | 10:48 | 2.1  |          |     | 6:31                                                                                | 7:52 |  |
| 24   | Sat | 7:07  | 4.1 | 6:12  | 5.8 | 12:20 | 0.7  | 11:54 AM | 2.6 | 6:32                                                                                | 7:51 |  |
| 25   | Sun | 8:38  | 4.2 | 7:13  | 5.7 | 1:32  | 0.6  | 1:13     | 2.9 | 6:33                                                                                | 7:50 |  |
| 26   | Mon | 9:50  | 4.4 | 8:16  | 5.7 | 2:40  | 0.5  | 2:27     | 2.9 | 6:34                                                                                | 7:48 |  |
| 27   | Tue | 10:42 | 4.6 | 9:14  | 5.7 | 3:37  | 0.4  | 3:28     | 2.8 | 6:35                                                                                | 7:47 |  |
| 28   | Wed | 11:22 | 4.7 | 10:05 | 5.7 | 4:24  | 0.3  | 4:19     | 2.6 | 6:36                                                                                | 7:45 |  |
| 29   | Thu | 11:55 | 4.8 | 10:50 | 5.7 | 5:03  | 0.2  | 5:01     | 2.3 | 6:37                                                                                | 7:44 |  |
| 30   | Fri |       |     | 12:23 | 4.9 | 5:37  | 0.2  | 5:39     | 2.1 | 6:37                                                                                | 7:42 |  |
| 31   | Sat |       |     | 12:48 | 5.0 | 6:08  | 0.3  | 6:14     | 1.9 | 6:38                                                                                | 7:41 |  |