

Point San Quentin, CA - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:59	6.8	11:49	4.9	3:42	2.0	4:54	-1.1	7:06	4:51	
2	Tue	10:43	6.9			4:33	2.3	5:39	-1.2	7:07	4:50	
3	Wed	12:41	5.1	11:27 AM	6.8	5:23	2.4	6:24	-1.2	7:08	4:50	
4	Thu	1:30	5.1	12:12	6.5	6:14	2.5	7:08	-1.1	7:09	4:50	
5	Fri	2:18	5.1	12:57	6.2	7:06	2.6	7:51	-0.8	7:10	4:50	
6	Sat	3:05	5.1	1:43	5.7	8:02	2.6	8:35	-0.5	7:11	4:50	
7	Sun	3:51	5.0	2:31	5.2	9:02	2.6	9:20	-0.1	7:12	4:50	
8	Mon	4:36	5.0	3:25	4.7	10:10	2.5	10:06	0.4	7:13	4:50	
9	Tue	5:21	5.0	4:29	4.2	11:22	2.3	10:55	0.9	7:13	4:50	
10	Wed	6:04	5.1	5:46	3.8			12:32	2.0	7:14	4:50	
11	Thu	6:45	5.2	7:12	3.6			1:33	1.6	7:15	4:50	
12	Fri	7:24	5.4	8:34	3.7	12:41	1.7	2:25	1.1	7:16	4:50	
13	Sat	8:01	5.6	9:40	3.9	1:34	2.1	3:09	0.7	7:16	4:51	
14	Sun	8:37	5.8	10:34	4.1	2:23	2.3	3:48	0.3	7:17	4:51	
15	Mon	9:14	6.0	11:20	4.3	3:08	2.5	4:24	-0.1	7:18	4:51	
16	Tue	9:51	6.1			3:50	2.6	4:58	-0.4	7:19	4:51	
17	Wed	12:01	4.5	10:29 AM	6.3	4:31	2.7	5:33	-0.6	7:19	4:52	
18	Thu	12:41	4.7	11:08 AM	6.3	5:11	2.7	6:08	-0.8	7:20	4:52	
19	Fri	1:19	4.8	11:49 AM	6.3	5:53	2.7	6:45	-0.9	7:20	4:53	
20	Sat	1:58	4.9	12:32	6.2	6:38	2.6	7:24	-0.9	7:21	4:53	
21	Sun	2:37	5.0	1:18	5.9	7:27	2.5	8:05	-0.7	7:21	4:53	
22	Mon	3:17	5.1	2:09	5.5	8:23	2.4	8:48	-0.4	7:22	4:54	
23	Tue	3:59	5.3	3:08	5.0	9:27	2.2	9:35	0.1	7:22	4:54	
24	Wed	4:44	5.5	4:20	4.5	10:40	1.8	10:26	0.6	7:23	4:55	
25	Thu	5:31	5.8	5:46	4.1	11:57	1.4	11:22	1.2	7:23	4:56	
26	Fri	6:20	6.0	7:20	3.9			1:10	0.8	7:24	4:56	
27	Sat	7:11	6.3	8:47	4.1	12:25	1.7	2:13	0.2	7:24	4:57	
28	Sun	8:02	6.5	9:58	4.4	1:29	2.1	3:09	-0.3	7:24	4:57	
29	Mon	8:52	6.7	10:56	4.7	2:31	2.4	3:59	-0.7	7:25	4:58	
30	Tue	9:41	6.8	11:46	4.9	3:29	2.5	4:46	-1.0	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	10:28	6.7			4:23	2.5	5:28	-1.0	7:25	5:00	