

Point San Quentin, CA - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:25	5.5	3:16	4.3	8:12	-0.4	8:02	2.4	6:13	8:00	
2	Sun	1:59	5.5	4:01	4.3	8:48	-0.4	8:41	2.5	6:11	8:01	
3	Mon	2:36	5.4	4:50	4.2	9:29	-0.4	9:28	2.6	6:10	8:02	
4	Tue	3:18	5.2	5:43	4.2	10:15	-0.3	10:28	2.7	6:09	8:03	
5	Wed	4:09	4.9	6:37	4.3	11:07	-0.2	11:41	2.6	6:08	8:04	
6	Thu	5:11	4.7	7:29	4.5			12:04	0.0	6:07	8:05	
7	Fri	6:25	4.4	8:17	4.8	1:00	2.3	1:03	0.2	6:06	8:06	
8	Sat	7:45	4.3	9:00	5.2	2:10	1.8	2:01	0.4	6:05	8:07	
9	Sun	9:04	4.4	9:41	5.6	3:09	1.1	2:56	0.6	6:04	8:08	
10	Mon	10:15	4.5	10:22	6.0	4:02	0.4	3:48	0.9	6:03	8:08	
11	Tue	11:20	4.7	11:03	6.3	4:52	-0.3	4:37	1.1	6:02	8:09	
12	Wed			12:21	4.8	5:40	-0.9	5:26	1.4	6:01	8:10	
13	Thu			1:18	4.9	6:28	-1.3	6:16	1.7	6:00	8:11	
14	Fri	12:29	6.6	2:13	5.0	7:16	-1.5	7:07	1.9	5:59	8:12	
15	Sat	1:15	6.6	3:08	4.9	8:05	-1.5	8:00	2.1	5:59	8:13	
16	Sun	2:02	6.3	4:02	4.9	8:54	-1.3	8:58	2.3	5:58	8:14	
17	Mon	2:52	5.9	4:58	4.9	9:45	-1.0	10:03	2.4	5:57	8:15	
18	Tue	3:45	5.4	5:53	4.9	10:37	-0.6	11:16	2.4	5:56	8:15	
19	Wed	4:43	4.9	6:49	4.9	11:32	-0.2			5:55	8:16	
20	Thu	5:50	4.4	7:40	5.0	12:34	2.2	12:28	0.3	5:55	8:17	
21	Fri	7:05	4.0	8:27	5.1	1:46	1.9	1:24	0.7	5:54	8:18	
22	Sat	8:23	3.8	9:07	5.2	2:49	1.5	2:17	1.0	5:53	8:19	
23	Sun	9:36	3.8	9:42	5.4	3:41	1.0	3:06	1.3	5:53	8:20	
24	Mon	10:40	3.9	10:14	5.5	4:26	0.6	3:50	1.6	5:52	8:20	
25	Tue	11:34	4.0	10:44	5.6	5:05	0.3	4:31	1.9	5:51	8:21	
26	Wed			12:22	4.2	5:41	0.0	5:10	2.1	5:51	8:22	
27	Thu			1:05	4.3	6:14	-0.3	5:47	2.3	5:50	8:23	
28	Fri			1:47	4.4	6:46	-0.5	6:24	2.4	5:50	8:23	
29	Sat	12:21	5.8	2:27	4.4	7:19	-0.6	7:01	2.5	5:49	8:24	
30	Sun	12:57	5.8	3:06	4.5	7:53	-0.7	7:41	2.6	5:49	8:25	
31	Mon	1:34	5.7	3:47	4.5	8:29	-0.7	8:25	2.6	5:49	8:26	