

Point San Quentin, CA - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:14	5.6	4:29	4.6	9:08	-0.7	9:15	2.6	5:48	8:26	
2	Wed	2:59	5.3	5:13	4.7	9:51	-0.6	10:14	2.5	5:48	8:27	
3	Thu	3:50	5.0	5:58	4.9	10:37	-0.3	11:23	2.3	5:48	8:27	
4	Fri	4:52	4.6	6:44	5.1	11:27	0.0			5:47	8:28	
5	Sat	6:06	4.2	7:30	5.4	12:38	1.9	12:22	0.4	5:47	8:29	
6	Sun	7:32	4.0	8:16	5.8	1:49	1.4	1:19	0.8	5:47	8:29	
7	Mon	8:57	4.0	9:01	6.1	2:52	0.7	2:18	1.2	5:47	8:30	
8	Tue	10:15	4.1	9:47	6.4	3:48	0.0	3:15	1.6	5:47	8:30	
9	Wed	11:23	4.4	10:33	6.7	4:40	-0.6	4:10	1.8	5:46	8:31	
10	Thu			12:22	4.6	5:29	-1.0	5:04	2.1	5:46	8:31	
11	Fri			1:17	4.8	6:17	-1.3	5:58	2.2	5:46	8:32	
12	Sat	12:07	6.8	2:07	5.0	7:04	-1.4	6:51	2.3	5:46	8:32	
13	Sun	12:55	6.6	2:56	5.0	7:50	-1.4	7:46	2.3	5:46	8:33	
14	Mon	1:42	6.3	3:42	5.1	8:35	-1.1	8:43	2.3	5:46	8:33	
15	Tue	2:31	5.9	4:28	5.1	9:19	-0.8	9:43	2.3	5:46	8:34	
16	Wed	3:20	5.4	5:14	5.1	10:04	-0.4	10:47	2.3	5:46	8:34	
17	Thu	4:14	4.8	5:58	5.1	10:50	0.1	11:57	2.1	5:46	8:34	
18	Fri	5:14	4.3	6:42	5.2	11:37	0.6			5:47	8:35	
19	Sat	6:25	3.8	7:25	5.3	1:06	1.8	12:28	1.1	5:47	8:35	
20	Sun	7:48	3.6	8:06	5.4	2:11	1.5	1:20	1.5	5:47	8:35	
21	Mon	9:12	3.6	8:46	5.5	3:07	1.1	2:14	1.9	5:47	8:35	
22	Tue	10:24	3.7	9:24	5.7	3:55	0.7	3:05	2.2	5:47	8:35	
23	Wed	11:22	3.9	10:02	5.9	4:37	0.3	3:53	2.4	5:48	8:36	
24	Thu			12:09	4.1	5:15	0.0	4:37	2.5	5:48	8:36	
25	Fri			12:51	4.3	5:51	-0.2	5:19	2.6	5:48	8:36	
26	Sat			1:29	4.5	6:25	-0.5	5:59	2.6	5:49	8:36	
27	Sun			2:06	4.6	6:58	-0.6	6:40	2.6	5:49	8:36	
28	Mon	12:37	6.1	2:42	4.8	7:33	-0.8	7:23	2.6	5:49	8:36	
29	Tue	1:18	6.0	3:18	4.9	8:09	-0.8	8:09	2.5	5:50	8:36	
30	Wed	2:01	5.9	3:56	5.0	8:47	-0.7	8:59	2.3	5:50	8:36	