

Point San Quentin, CA - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:35	4.3	6:43	6.1	12:40	0.4	12:25	2.5	6:40	7:39	
2	Thu	8:55	4.5	7:52	6.0	1:54	0.3	1:47	2.6	6:40	7:37	
3	Fri	9:59	4.8	8:58	6.0	3:00	0.1	3:00	2.5	6:41	7:36	
4	Sat	10:49	5.0	9:57	6.0	3:56	0.0	4:00	2.2	6:42	7:34	
5	Sun	11:31	5.2	10:51	6.0	4:44	0.0	4:52	1.9	6:43	7:33	
6	Mon			12:08	5.4	5:25	0.1	5:37	1.6	6:44	7:31	
7	Tue			12:41	5.4	6:03	0.2	6:19	1.4	6:45	7:30	
8	Wed	12:24	5.7	1:11	5.5	6:37	0.5	6:58	1.2	6:46	7:28	
9	Thu	1:07	5.5	1:39	5.5	7:10	0.7	7:35	1.1	6:46	7:27	
10	Fri	1:49	5.2	2:06	5.5	7:42	1.1	8:11	1.0	6:47	7:25	
11	Sat	2:31	5.0	2:34	5.5	8:14	1.4	8:49	1.0	6:48	7:24	
12	Sun	3:15	4.7	3:03	5.5	8:48	1.8	9:30	1.0	6:49	7:22	
13	Mon	4:05	4.4	3:38	5.4	9:24	2.2	10:17	1.0	6:50	7:20	
14	Tue	5:03	4.1	4:19	5.3	10:06	2.5	11:12	1.1	6:51	7:19	
15	Wed	6:14	4.0	5:09	5.2	11:01	2.8			6:52	7:17	
16	Thu	7:36	4.0	6:08	5.1	12:16	1.1	12:16	3.0	6:52	7:16	
17	Fri	8:46	4.1	7:14	5.2	1:24	0.9	1:35	2.9	6:53	7:14	
18	Sat	9:37	4.4	8:19	5.3	2:26	0.7	2:39	2.7	6:54	7:13	
19	Sun	10:16	4.7	9:19	5.5	3:17	0.5	3:31	2.3	6:55	7:11	
20	Mon	10:51	5.0	10:14	5.7	4:02	0.3	4:17	1.9	6:56	7:09	
21	Tue	11:24	5.3	11:07	5.8	4:43	0.2	5:00	1.4	6:57	7:08	
22	Wed	11:57	5.6			5:22	0.2	5:44	0.9	6:58	7:06	
23	Thu	12:00	5.9	12:32	5.9	6:02	0.4	6:30	0.4	6:58	7:05	
24	Fri	12:53	5.8	1:09	6.2	6:42	0.7	7:17	0.0	6:59	7:03	
25	Sat	1:48	5.7	1:47	6.4	7:24	1.0	8:07	-0.3	7:00	7:02	
26	Sun	2:44	5.4	2:30	6.5	8:09	1.4	8:59	-0.3	7:01	7:00	
27	Mon	3:45	5.1	3:16	6.4	8:58	1.9	9:57	-0.3	7:02	6:59	
28	Tue	4:52	4.8	4:09	6.2	9:54	2.3	11:01	-0.1	7:03	6:57	
29	Wed	6:06	4.7	5:11	5.9	11:05	2.6			7:04	6:55	
30	Thu	7:23	4.7	6:21	5.6	12:12	0.1	12:30	2.6	7:05	6:54	