

Point San Quentin, CA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:33	4.8	7:35	5.4	1:24	0.2	1:52	2.5	7:05	6:52	
2	Sat	9:29	5.1	8:46	5.3	2:30	0.3	3:01	2.1	7:06	6:51	
3	Sun	10:15	5.3	9:49	5.3	3:25	0.4	3:57	1.7	7:07	6:49	
4	Mon	10:54	5.4	10:44	5.3	4:12	0.5	4:45	1.4	7:08	6:48	
5	Tue	11:28	5.5	11:34	5.2	4:53	0.7	5:27	1.0	7:09	6:46	
6	Wed	11:57	5.6			5:30	0.9	6:04	0.8	7:10	6:45	
7	Thu	12:19	5.1	12:24	5.6	6:04	1.2	6:39	0.6	7:11	6:43	
8	Fri	1:03	5.0	12:50	5.6	6:36	1.5	7:12	0.5	7:12	6:42	
9	Sat	1:45	4.9	1:16	5.6	7:08	1.8	7:45	0.4	7:13	6:40	
10	Sun	2:27	4.7	1:44	5.6	7:40	2.1	8:19	0.3	7:14	6:39	
11	Mon	3:10	4.6	2:15	5.5	8:14	2.3	8:56	0.4	7:15	6:37	
12	Tue	3:57	4.4	2:50	5.4	8:52	2.6	9:38	0.4	7:16	6:36	
13	Wed	4:50	4.3	3:31	5.3	9:36	2.8	10:26	0.5	7:16	6:35	
14	Thu	5:51	4.2	4:21	5.1	10:33	3.0	11:22	0.6	7:17	6:33	
15	Fri	6:56	4.3	5:22	4.9	11:49	3.0			7:18	6:32	
16	Sat	7:55	4.4	6:32	4.8	12:24	0.6	1:10	2.8	7:19	6:30	
17	Sun	8:43	4.7	7:46	4.8	1:27	0.6	2:16	2.4	7:20	6:29	
18	Mon	9:24	5.0	8:55	4.9	2:23	0.6	3:10	1.9	7:21	6:28	
19	Tue	10:00	5.3	9:59	5.1	3:14	0.6	3:58	1.3	7:22	6:26	
20	Wed	10:36	5.7	10:58	5.3	4:00	0.7	4:43	0.6	7:23	6:25	
21	Thu	11:12	6.1	11:56	5.4	4:44	0.8	5:28	0.0	7:24	6:24	
22	Fri	11:50	6.4			5:28	1.1	6:15	-0.5	7:25	6:22	
23	Sat	12:52	5.4	12:30	6.7	6:12	1.4	7:02	-0.9	7:26	6:21	
24	Sun	1:48	5.4	1:12	6.7	6:58	1.7	7:51	-1.0	7:27	6:20	
25	Mon	2:45	5.3	1:58	6.7	7:47	2.0	8:43	-1.0	7:28	6:19	
26	Tue	3:44	5.1	2:48	6.4	8:41	2.3	9:38	-0.8	7:29	6:17	
27	Wed	4:46	5.0	3:42	6.0	9:44	2.5	10:36	-0.5	7:30	6:16	
28	Thu	5:51	4.9	4:44	5.6	10:59	2.6	11:40	-0.1	7:31	6:15	
29	Fri	6:57	5.0	5:55	5.1			12:24	2.5	7:32	6:14	
30	Sat	7:57	5.1	7:12	4.8	12:46	0.2	1:44	2.2	7:33	6:13	
31	Sun	7:49	5.3	7:28	4.6	1:48	0.5	1:50	1.8	6:35	5:12	