

Point San Quentin, CA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:33	5.5	8:37	4.6	1:44	0.8	2:45	1.3	6:36	5:10	
2	Tue	9:11	5.6	9:37	4.6	2:32	1.0	3:32	0.9	6:37	5:09	
3	Wed	9:43	5.7	10:29	4.7	3:15	1.3	4:12	0.6	6:38	5:08	
4	Thu	10:12	5.8	11:17	4.7	3:54	1.6	4:48	0.3	6:39	5:07	
5	Fri	10:40	5.8			4:30	1.8	5:21	0.1	6:40	5:06	
6	Sat	12:01	4.7	11:07 AM	5.8	5:04	2.1	5:53	0.0	6:41	5:05	
7	Sun	12:43	4.7	11:36 AM	5.8	5:38	2.3	6:24	-0.1	6:42	5:04	
8	Mon	1:24	4.6	12:07	5.8	6:12	2.5	6:57	-0.2	6:43	5:03	
9	Tue	2:05	4.6	12:40	5.7	6:48	2.7	7:32	-0.2	6:44	5:03	
10	Wed	2:48	4.5	1:16	5.5	7:27	2.8	8:10	-0.1	6:45	5:02	
11	Thu	3:33	4.5	1:57	5.3	8:13	2.9	8:53	0.0	6:46	5:01	
12	Fri	4:22	4.5	2:45	5.0	9:09	3.0	9:41	0.2	6:47	5:00	
13	Sat	5:13	4.6	3:44	4.8	10:20	2.9	10:35	0.3	6:48	4:59	
14	Sun	6:03	4.8	4:55	4.5	11:38	2.6	11:32	0.5	6:49	4:58	
15	Mon	6:49	5.0	6:16	4.4			12:48	2.1	6:51	4:58	
16	Tue	7:32	5.4	7:36	4.4	12:30	0.8	1:47	1.5	6:52	4:57	
17	Wed	8:13	5.8	8:49	4.5	1:26	1.0	2:39	0.7	6:53	4:56	
18	Thu	8:53	6.2	9:55	4.7	2:18	1.2	3:27	0.0	6:54	4:56	
19	Fri	9:34	6.5	10:56	4.9	3:09	1.5	4:15	-0.6	6:55	4:55	
20	Sat	10:16	6.8	11:53	5.1	3:58	1.7	5:02	-1.1	6:56	4:55	
21	Sun	11:01	7.0			4:47	2.0	5:50	-1.4	6:57	4:54	
22	Mon	12:48	5.2	11:47 AM	7.0	5:38	2.1	6:38	-1.4	6:58	4:53	
23	Tue	1:41	5.2	12:35	6.8	6:31	2.3	7:27	-1.3	6:59	4:53	
24	Wed	2:34	5.2	1:26	6.4	7:28	2.4	8:17	-1.0	7:00	4:53	
25	Thu	3:28	5.2	2:20	5.9	8:31	2.5	9:09	-0.6	7:01	4:52	
26	Fri	4:23	5.2	3:18	5.3	9:43	2.5	10:03	-0.1	7:02	4:52	
27	Sat	5:17	5.2	4:25	4.7	11:02	2.3	11:00	0.4	7:03	4:51	
28	Sun	6:11	5.3	5:41	4.3			12:19	2.0	7:04	4:51	
29	Mon	7:00	5.4	7:03	4.0			1:27	1.6	7:05	4:51	
30	Tue	7:44	5.6	8:22	4.0	12:54	1.2	2:24	1.1	7:06	4:51	