

## Point San Quentin, CA - Dec 1976

| Date |     | High  |     |          |     | Low   |     |       |      |  |      |    |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM       | ft  | AM    | ft  | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 8:23  | 5.7 | 9:29     | 4.1 | 1:47  | 1.6 | 3:11  | 0.7  | 7:07                                                                                | 4:50 |    |
| 2    | Thu | 8:57  | 5.8 | 10:25    | 4.3 | 2:35  | 1.9 | 3:52  | 0.4  | 7:08                                                                                | 4:50 |    |
| 3    | Fri | 9:30  | 5.9 | 11:13    | 4.4 | 3:19  | 2.2 | 4:29  | 0.1  | 7:09                                                                                | 4:50 |    |
| 4    | Sat | 10:02 | 6.0 | 11:56    | 4.5 | 3:59  | 2.4 | 5:03  | -0.1 | 7:10                                                                                | 4:50 |    |
| 5    | Sun | 10:34 | 6.0 |          |     | 4:37  | 2.5 | 5:35  | -0.3 | 7:11                                                                                | 4:50 |    |
| 6    | Mon | 12:36 | 4.6 | 11:07 AM | 6.0 | 5:14  | 2.6 | 6:06  | -0.4 | 7:11                                                                                | 4:50 |    |
| 7    | Tue | 1:13  | 4.7 | 11:42 AM | 6.0 | 5:51  | 2.7 | 6:38  | -0.5 | 7:12                                                                                | 4:50 |    |
| 8    | Wed | 1:50  | 4.7 | 12:17    | 5.9 | 6:29  | 2.8 | 7:12  | -0.5 | 7:13                                                                                | 4:50 |    |
| 9    | Thu | 2:28  | 4.7 | 12:55    | 5.7 | 7:09  | 2.8 | 7:47  | -0.4 | 7:14                                                                                | 4:50 |    |
| 10   | Fri | 3:06  | 4.8 | 1:37     | 5.5 | 7:54  | 2.8 | 8:26  | -0.3 | 7:15                                                                                | 4:50 |    |
| 11   | Sat | 3:46  | 4.9 | 2:24     | 5.1 | 8:48  | 2.7 | 9:08  | -0.1 | 7:16                                                                                | 4:50 |    |
| 12   | Sun | 4:28  | 5.0 | 3:20     | 4.7 | 9:51  | 2.5 | 9:55  | 0.3  | 7:16                                                                                | 4:51 |   |
| 13   | Mon | 5:12  | 5.2 | 4:30     | 4.3 | 11:04 | 2.2 | 10:47 | 0.7  | 7:17                                                                                | 4:51 |  |
| 14   | Tue | 5:57  | 5.4 | 5:55     | 4.0 |       |     | 12:17 | 1.7  | 7:18                                                                                | 4:51 |  |
| 15   | Wed | 6:43  | 5.8 | 7:26     | 4.0 |       |     | 1:23  | 1.1  | 7:18                                                                                | 4:51 |  |
| 16   | Thu | 7:30  | 6.1 | 8:48     | 4.1 | 12:44 | 1.5 | 2:21  | 0.4  | 7:19                                                                                | 4:52 |  |
| 17   | Fri | 8:18  | 6.5 | 9:57     | 4.4 | 1:44  | 1.8 | 3:14  | -0.3 | 7:20                                                                                | 4:52 |  |
| 18   | Sat | 9:05  | 6.8 | 10:57    | 4.7 | 2:42  | 2.1 | 4:04  | -0.8 | 7:20                                                                                | 4:52 |  |
| 19   | Sun | 9:53  | 7.0 | 11:51    | 5.0 | 3:38  | 2.2 | 4:52  | -1.2 | 7:21                                                                                | 4:53 |  |
| 20   | Mon | 10:42 | 7.0 |          |     | 4:32  | 2.3 | 5:38  | -1.4 | 7:21                                                                                | 4:53 |  |
| 21   | Tue | 12:40 | 5.2 | 11:31 AM | 7.0 | 5:26  | 2.3 | 6:24  | -1.4 | 7:22                                                                                | 4:54 |  |
| 22   | Wed | 1:27  | 5.3 | 12:20    | 6.7 | 6:20  | 2.3 | 7:10  | -1.2 | 7:22                                                                                | 4:54 |  |
| 23   | Thu | 2:13  | 5.3 | 1:09     | 6.3 | 7:15  | 2.3 | 7:54  | -0.9 | 7:23                                                                                | 4:55 |  |
| 24   | Fri | 2:58  | 5.4 | 2:00     | 5.7 | 8:13  | 2.2 | 8:39  | -0.5 | 7:23                                                                                | 4:55 |  |
| 25   | Sat | 3:43  | 5.4 | 2:53     | 5.1 | 9:16  | 2.2 | 9:24  | 0.1  | 7:24                                                                                | 4:56 |  |
| 26   | Sun | 4:29  | 5.4 | 3:54     | 4.5 | 10:25 | 2.1 | 10:12 | 0.6  | 7:24                                                                                | 4:57 |  |
| 27   | Mon | 5:14  | 5.4 | 5:06     | 4.0 | 11:38 | 1.8 | 11:03 | 1.2  | 7:24                                                                                | 4:57 |  |
| 28   | Tue | 6:00  | 5.4 | 6:32     | 3.7 |       |     | 12:48 | 1.5  | 7:25                                                                                | 4:58 |  |
| 29   | Wed | 6:45  | 5.5 | 8:03     | 3.7 |       |     | 1:50  | 1.1  | 7:25                                                                                | 4:59 |  |
| 30   | Thu | 7:29  | 5.6 | 9:18     | 3.9 | 12:59 | 2.1 | 2:43  | 0.8  | 7:25                                                                                | 4:59 |  |
| 31   | Fri | 8:11  | 5.7 | 10:12    | 4.1 | 1:56  | 2.4 | 3:27  | 0.4  | 7:25                                                                                | 5:00 |  |