

Point San Quentin, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:05	5.2	4:37	4.1	11:09	2.1	10:44	1.1	7:25	5:01	
2	Mon	5:50	5.4	6:05	3.8			12:19	1.6	7:25	5:02	
3	Tue	6:37	5.7	7:37	3.8			1:24	1.0	7:26	5:02	
4	Wed	7:26	6.0	8:57	4.1	12:43	1.8	2:21	0.4	7:26	5:03	
5	Thu	8:15	6.4	10:04	4.4	1:45	2.1	3:14	-0.2	7:26	5:04	
6	Fri	9:05	6.7	11:00	4.8	2:45	2.2	4:03	-0.8	7:26	5:05	
7	Sat	9:55	6.9	11:50	5.0	3:41	2.3	4:51	-1.2	7:26	5:06	
8	Sun	10:46	7.0			4:36	2.2	5:38	-1.4	7:26	5:07	
9	Mon	12:37	5.3	11:36 AM	7.0	5:30	2.1	6:24	-1.4	7:25	5:08	
10	Tue	1:23	5.4	12:27	6.7	6:25	2.0	7:10	-1.2	7:25	5:09	
11	Wed	2:07	5.6	1:19	6.3	7:21	1.9	7:55	-0.9	7:25	5:10	
12	Thu	2:52	5.6	2:13	5.8	8:20	1.8	8:41	-0.4	7:25	5:11	
13	Fri	3:37	5.7	3:10	5.1	9:23	1.8	9:28	0.2	7:25	5:12	
14	Sat	4:24	5.7	4:16	4.5	10:33	1.6	10:19	0.8	7:24	5:13	
15	Sun	5:13	5.7	5:34	4.0	11:47	1.5	11:15	1.4	7:24	5:14	
16	Mon	6:03	5.7	7:05	3.8			12:58	1.2	7:24	5:15	
17	Tue	6:53	5.7	8:32	3.9	12:17	1.9	2:02	0.8	7:23	5:16	
18	Wed	7:42	5.7	9:40	4.1	1:21	2.2	2:56	0.5	7:23	5:17	
19	Thu	8:28	5.8	10:33	4.4	2:20	2.4	3:41	0.2	7:22	5:18	
20	Fri	9:10	5.9	11:15	4.5	3:12	2.5	4:21	0.0	7:22	5:19	
21	Sat	9:50	5.9	11:52	4.7	3:57	2.5	4:56	-0.1	7:21	5:20	
22	Sun	10:28	6.0			4:38	2.5	5:28	-0.2	7:21	5:21	
23	Mon	12:24	4.7	11:05 AM	6.0	5:16	2.5	5:58	-0.3	7:20	5:22	
24	Tue	12:54	4.8	11:42 AM	5.9	5:52	2.4	6:28	-0.3	7:20	5:24	
25	Wed	1:24	4.9	12:18	5.8	6:27	2.3	6:57	-0.2	7:19	5:25	
26	Thu	1:53	5.0	12:56	5.6	7:05	2.1	7:28	-0.1	7:18	5:26	
27	Fri	2:24	5.1	1:36	5.3	7:45	2.0	8:01	0.1	7:18	5:27	
28	Sat	2:57	5.2	2:21	4.9	8:31	1.9	8:38	0.5	7:17	5:28	
29	Sun	3:33	5.3	3:15	4.5	9:24	1.7	9:18	0.9	7:16	5:29	
30	Mon	4:13	5.4	4:25	4.1	10:27	1.5	10:06	1.4	7:15	5:30	
31	Tue	4:59	5.6	5:54	3.8	11:37	1.2	11:05	1.9	7:14	5:31	