

Point San Quentin, CA - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:10	4.7	9:30	5.3	2:31	1.7	2:33	0.1	6:13	8:00	
2	Tue	9:24	4.6	10:13	5.6	3:34	1.2	3:28	0.3	6:12	8:01	
3	Wed	10:30	4.6	10:52	5.8	4:27	0.7	4:16	0.6	6:11	8:02	
4	Thu	11:29	4.7	11:28	5.9	5:14	0.2	5:00	0.9	6:10	8:03	
5	Fri			12:23	4.7	5:57	-0.1	5:42	1.2	6:09	8:03	
6	Sat	12:02	5.9	1:13	4.7	6:36	-0.4	6:23	1.5	6:08	8:04	
7	Sun	12:35	5.8	2:00	4.6	7:14	-0.5	7:03	1.8	6:06	8:05	
8	Mon	1:06	5.7	2:47	4.6	7:50	-0.5	7:43	2.1	6:05	8:06	
9	Tue	1:38	5.6	3:32	4.5	8:27	-0.5	8:24	2.3	6:04	8:07	
10	Wed	2:12	5.4	4:19	4.4	9:05	-0.4	9:09	2.5	6:03	8:08	
11	Thu	2:48	5.2	5:07	4.3	9:45	-0.2	10:01	2.7	6:03	8:09	
12	Fri	3:30	4.9	5:58	4.3	10:29	0.0	11:04	2.7	6:02	8:10	
13	Sat	4:18	4.6	6:50	4.3	11:18	0.2			6:01	8:11	
14	Sun	5:16	4.3	7:38	4.5	12:17	2.6	12:11	0.4	6:00	8:12	
15	Mon	6:25	4.0	8:22	4.7	1:29	2.4	1:06	0.6	5:59	8:12	
16	Tue	7:40	3.9	9:00	4.9	2:28	2.0	2:00	0.8	5:58	8:13	
17	Wed	8:52	3.9	9:36	5.2	3:18	1.5	2:49	0.9	5:57	8:14	
18	Thu	9:58	4.1	10:11	5.5	4:01	1.0	3:35	1.1	5:56	8:15	
19	Fri	10:58	4.3	10:47	5.8	4:41	0.4	4:19	1.3	5:56	8:16	
20	Sat	11:54	4.5	11:24	6.1	5:22	-0.2	5:03	1.5	5:55	8:17	
21	Sun			12:48	4.6	6:03	-0.7	5:47	1.7	5:54	8:18	
22	Mon	12:03	6.3	1:41	4.8	6:46	-1.1	6:34	1.9	5:54	8:18	
23	Tue	12:45	6.5	2:34	4.9	7:32	-1.3	7:23	2.1	5:53	8:19	
24	Wed	1:31	6.4	3:27	4.9	8:20	-1.4	8:16	2.2	5:52	8:20	
25	Thu	2:20	6.3	4:21	5.0	9:10	-1.3	9:16	2.3	5:52	8:21	
26	Fri	3:13	5.9	5:17	5.0	10:03	-1.1	10:26	2.3	5:51	8:22	
27	Sat	4:13	5.5	6:14	5.1	10:59	-0.7	11:46	2.2	5:51	8:22	
28	Sun	5:20	5.0	7:10	5.3	11:58	-0.3			5:50	8:23	
29	Mon	6:37	4.5	8:03	5.5	1:07	1.8	12:59	0.1	5:50	8:24	
30	Tue	7:58	4.2	8:51	5.7	2:20	1.4	1:58	0.6	5:49	8:24	
31	Wed	9:17	4.1	9:36	5.9	3:22	0.9	2:53	1.0	5:49	8:25	