

Point San Quentin, CA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:25	4.3	10:21	6.1	4:45	0.1	4:08	2.2	5:51	8:36	
2	Sun			12:17	4.5	5:27	-0.1	4:55	2.4	5:51	8:36	
3	Mon			1:01	4.6	6:05	-0.3	5:39	2.5	5:52	8:36	
4	Tue			1:41	4.6	6:39	-0.4	6:20	2.6	5:52	8:35	
5	Wed	12:11	6.0	2:17	4.7	7:12	-0.4	6:59	2.6	5:53	8:35	
6	Thu	12:47	5.9	2:50	4.7	7:43	-0.4	7:38	2.6	5:53	8:35	
7	Fri	1:22	5.7	3:22	4.8	8:15	-0.3	8:18	2.6	5:54	8:35	
8	Sat	1:59	5.5	3:54	4.8	8:47	-0.2	9:00	2.5	5:54	8:34	
9	Sun	2:38	5.2	4:28	4.9	9:20	0.0	9:47	2.5	5:55	8:34	
10	Mon	3:21	4.9	5:03	5.1	9:56	0.3	10:41	2.3	5:56	8:34	
11	Tue	4:10	4.5	5:42	5.2	10:35	0.6	11:43	2.1	5:56	8:33	
12	Wed	5:11	4.1	6:24	5.4	11:20	1.0			5:57	8:33	
13	Thu	6:29	3.8	7:09	5.6	12:49	1.7	12:11	1.5	5:58	8:33	
14	Fri	7:59	3.7	7:56	5.9	1:54	1.2	1:10	1.8	5:58	8:32	
15	Sat	9:24	3.9	8:46	6.2	2:53	0.7	2:11	2.1	5:59	8:32	
16	Sun	10:35	4.2	9:36	6.5	3:47	0.1	3:12	2.3	6:00	8:31	
17	Mon	11:34	4.5	10:28	6.8	4:37	-0.5	4:10	2.3	6:00	8:31	
18	Tue			12:25	4.8	5:26	-0.9	5:06	2.3	6:01	8:30	
19	Wed			1:12	5.1	6:13	-1.2	6:01	2.2	6:02	8:29	
20	Thu	12:11	7.0	1:57	5.3	7:00	-1.3	6:56	2.0	6:03	8:29	
21	Fri	1:03	6.9	2:42	5.5	7:46	-1.2	7:52	1.9	6:03	8:28	
22	Sat	1:56	6.5	3:26	5.7	8:32	-0.9	8:51	1.7	6:04	8:27	
23	Sun	2:51	6.1	4:10	5.8	9:18	-0.5	9:53	1.6	6:05	8:27	
24	Mon	3:49	5.5	4:56	5.9	10:06	0.1	11:00	1.5	6:06	8:26	
25	Tue	4:52	4.9	5:44	5.9	10:55	0.7			6:07	8:25	
26	Wed	6:06	4.3	6:34	5.9	12:12	1.3	11:50 AM	1.3	6:07	8:24	
27	Thu	7:32	4.0	7:26	5.9	1:24	1.1	12:51	1.8	6:08	8:23	
28	Fri	8:59	4.0	8:18	5.9	2:32	0.9	1:55	2.2	6:09	8:23	
29	Sat	10:13	4.2	9:08	5.9	3:31	0.6	2:57	2.4	6:10	8:22	
30	Sun	11:11	4.4	9:53	6.0	4:21	0.3	3:52	2.5	6:11	8:21	
31	Mon	11:57	4.6	10:36	6.0	5:04	0.2	4:40	2.6	6:12	8:20	