

Point San Quentin, CA - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:36	4.7	5:41	0.0	5:23	2.5	6:12	8:19	
2	Wed			1:10	4.8	6:15	0.0	6:03	2.5	6:13	8:18	
3	Thu			1:41	4.9	6:47	-0.1	6:39	2.4	6:14	8:17	
4	Fri	12:31	5.9	2:09	4.9	7:17	0.0	7:15	2.3	6:15	8:16	
5	Sat	1:07	5.8	2:38	5.0	7:46	0.0	7:52	2.2	6:16	8:15	
6	Sun	1:45	5.6	3:07	5.1	8:16	0.2	8:31	2.1	6:17	8:14	
7	Mon	2:24	5.3	3:38	5.2	8:47	0.4	9:13	1.9	6:18	8:13	
8	Tue	3:07	5.0	4:12	5.4	9:21	0.7	10:02	1.8	6:18	8:11	
9	Wed	3:57	4.6	4:49	5.5	9:59	1.1	10:59	1.6	6:19	8:10	
10	Thu	4:59	4.3	5:33	5.6	10:43	1.5			6:20	8:09	
11	Fri	6:19	4.0	6:22	5.8	12:04	1.3	11:37 AM	2.0	6:21	8:08	
12	Sat	7:50	3.9	7:18	6.0	1:14	1.0	12:42	2.3	6:22	8:07	
13	Sun	9:15	4.1	8:18	6.2	2:21	0.5	1:53	2.5	6:23	8:06	
14	Mon	10:21	4.4	9:17	6.5	3:22	0.1	3:01	2.5	6:24	8:04	
15	Tue	11:14	4.8	10:14	6.7	4:16	-0.3	4:03	2.3	6:25	8:03	
16	Wed			12:01	5.1	5:06	-0.6	4:59	2.1	6:25	8:02	
17	Thu			12:44	5.4	5:53	-0.8	5:53	1.8	6:26	8:01	
18	Fri	12:03	6.8	1:25	5.6	6:39	-0.8	6:45	1.5	6:27	7:59	
19	Sat	12:56	6.6	2:05	5.8	7:23	-0.6	7:38	1.3	6:28	7:58	
20	Sun	1:49	6.3	2:46	5.9	8:06	-0.2	8:31	1.1	6:29	7:57	
21	Mon	2:42	5.8	3:27	6.0	8:49	0.3	9:27	1.0	6:30	7:55	
22	Tue	3:39	5.3	4:09	5.9	9:34	0.8	10:26	1.0	6:31	7:54	
23	Wed	4:41	4.8	4:54	5.8	10:23	1.4	11:30	1.0	6:31	7:52	
24	Thu	5:52	4.4	5:44	5.7	11:19	1.9			6:32	7:51	
25	Fri	7:16	4.2	6:38	5.6	12:40	1.0	12:24	2.4	6:33	7:50	
26	Sat	8:42	4.2	7:36	5.5	1:50	0.9	1:36	2.6	6:34	7:48	
27	Sun	9:51	4.4	8:33	5.5	2:53	0.8	2:42	2.6	6:35	7:47	
28	Mon	10:42	4.6	9:26	5.6	3:46	0.6	3:38	2.6	6:36	7:45	
29	Tue	11:23	4.7	10:13	5.7	4:30	0.5	4:25	2.4	6:37	7:44	
30	Wed	11:57	4.9	10:56	5.7	5:09	0.4	5:06	2.2	6:38	7:42	
31	Thu			12:26	5.0	5:42	0.3	5:44	2.1	6:38	7:41	