

Point San Quentin, CA - Oct 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:02	5.3	12:31	5.5	6:04	0.8	6:30	0.9	7:05	6:53	
2	Mon	12:45	5.3	1:00	5.7	6:35	1.0	7:05	0.6	7:06	6:52	
3	Tue	1:29	5.2	1:31	5.8	7:08	1.3	7:43	0.4	7:07	6:50	
4	Wed	2:16	5.1	2:04	5.9	7:44	1.5	8:24	0.2	7:08	6:49	
5	Thu	3:06	4.9	2:41	5.9	8:23	1.9	9:11	0.1	7:09	6:47	
6	Fri	4:03	4.7	3:24	5.8	9:07	2.2	10:04	0.1	7:10	6:46	
7	Sat	5:07	4.5	4:15	5.7	10:01	2.5	11:05	0.1	7:10	6:44	
8	Sun	6:20	4.5	5:17	5.5	11:11	2.7			7:11	6:43	
9	Mon	7:33	4.6	6:29	5.4	12:13	0.2	12:37	2.7	7:12	6:41	
10	Tue	8:38	4.8	7:45	5.4	1:24	0.2	1:58	2.4	7:13	6:40	
11	Wed	9:30	5.2	8:57	5.4	2:29	0.2	3:06	1.9	7:14	6:38	
12	Thu	10:15	5.5	10:03	5.5	3:25	0.2	4:02	1.4	7:15	6:37	
13	Fri	10:56	5.8	11:02	5.6	4:15	0.2	4:53	0.9	7:16	6:35	
14	Sat	11:34	6.0	11:58	5.6	5:01	0.4	5:40	0.4	7:17	6:34	
15	Sun			12:11	6.1	5:44	0.7	6:24	0.1	7:18	6:32	
16	Mon	12:51	5.5	12:47	6.2	6:26	1.0	7:07	-0.1	7:19	6:31	
17	Tue	1:42	5.3	1:22	6.1	7:07	1.4	7:50	-0.2	7:20	6:30	
18	Wed	2:34	5.1	1:57	6.0	7:50	1.8	8:33	-0.1	7:21	6:28	
19	Thu	3:26	4.9	2:34	5.8	8:34	2.2	9:17	0.0	7:22	6:27	
20	Fri	4:21	4.7	3:13	5.5	9:22	2.5	10:04	0.2	7:23	6:26	
21	Sat	5:20	4.6	3:57	5.2	10:20	2.8	10:57	0.5	7:24	6:24	
22	Sun	6:24	4.5	4:50	4.9	11:31	2.9	11:56	0.7	7:25	6:23	
23	Mon	7:28	4.5	5:53	4.6			12:49	2.8	7:26	6:22	
24	Tue	8:23	4.6	7:04	4.5	12:59	0.8	1:58	2.6	7:27	6:20	
25	Wed	9:07	4.8	8:13	4.4	1:57	0.9	2:55	2.3	7:28	6:19	
26	Thu	9:43	5.0	9:16	4.5	2:48	0.9	3:41	1.8	7:29	6:18	
27	Fri	10:14	5.2	10:11	4.6	3:32	1.0	4:21	1.4	7:30	6:17	
28	Sat	10:44	5.4	11:02	4.8	4:11	1.1	4:58	1.0	7:31	6:16	
29	Sun	10:13	5.7	10:50	4.9	3:47	1.2	4:32	0.6	6:32	5:14	
30	Mon	10:44	5.9	11:38	5.0	4:23	1.4	5:07	0.2	6:33	5:13	
31	Tue	11:16	6.1			4:59	1.6	5:44	-0.2	6:34	5:12	