

Point San Quentin, CA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:31	5.4	1:32	6.4	7:33	2.2	8:14	-1.0	7:25	5:01	
2	Tue	3:18	5.5	2:28	5.8	8:36	2.1	9:04	-0.6	7:25	5:01	
3	Wed	4:07	5.6	3:31	5.2	9:46	2.0	9:56	0.0	7:26	5:02	
4	Thu	4:57	5.7	4:44	4.6	11:03	1.7	10:51	0.6	7:26	5:03	
5	Fri	5:50	5.8	6:08	4.2			12:21	1.4	7:26	5:04	
6	Sat	6:42	6.0	7:38	4.0			1:32	0.9	7:26	5:05	
7	Sun	7:33	6.1	8:59	4.2	12:54	1.6	2:34	0.5	7:26	5:06	
8	Mon	8:21	6.2	10:05	4.4	1:55	2.0	3:26	0.1	7:26	5:07	
9	Tue	9:05	6.2	10:59	4.6	2:51	2.2	4:11	-0.1	7:25	5:08	
10	Wed	9:47	6.2	11:45	4.8	3:42	2.4	4:50	-0.3	7:25	5:09	
11	Thu	10:25	6.2			4:28	2.5	5:26	-0.4	7:25	5:10	
12	Fri	12:25	4.8	11:02 AM	6.1	5:10	2.5	5:59	-0.4	7:25	5:11	
13	Sat	1:01	4.9	11:37 AM	6.0	5:50	2.5	6:31	-0.4	7:25	5:12	
14	Sun	1:34	4.9	12:12	5.8	6:28	2.5	7:02	-0.3	7:24	5:13	
15	Mon	2:05	4.9	12:48	5.6	7:06	2.5	7:33	-0.2	7:24	5:14	
16	Tue	2:36	4.9	1:25	5.3	7:45	2.4	8:05	0.1	7:24	5:15	
17	Wed	3:07	4.9	2:04	5.0	8:28	2.4	8:38	0.3	7:23	5:16	
18	Thu	3:41	5.0	2:50	4.6	9:17	2.3	9:15	0.7	7:23	5:17	
19	Fri	4:18	5.1	3:45	4.2	10:15	2.1	9:56	1.1	7:22	5:18	
20	Sat	4:59	5.2	4:59	3.8	11:21	1.9	10:45	1.6	7:22	5:19	
21	Sun	5:44	5.4	6:32	3.6			12:30	1.5	7:22	5:20	
22	Mon	6:33	5.6	8:04	3.7			1:33	0.9	7:21	5:21	
23	Tue	7:24	5.9	9:19	4.0	12:49	2.3	2:28	0.4	7:20	5:22	
24	Wed	8:15	6.2	10:17	4.4	1:54	2.4	3:18	-0.2	7:20	5:23	
25	Thu	9:07	6.5	11:06	4.7	2:53	2.4	4:06	-0.7	7:19	5:24	
26	Fri	9:58	6.7	11:51	5.0	3:48	2.3	4:52	-1.1	7:18	5:25	
27	Sat	10:49	6.9			4:41	2.2	5:38	-1.3	7:18	5:27	
28	Sun	12:34	5.3	11:40 AM	6.9	5:33	1.9	6:22	-1.3	7:17	5:28	
29	Mon	1:16	5.5	12:32	6.7	6:26	1.7	7:07	-1.1	7:16	5:29	
30	Tue	1:58	5.7	1:25	6.3	7:21	1.5	7:52	-0.7	7:16	5:30	
31	Wed	2:41	5.8	2:20	5.7	8:19	1.4	8:37	-0.2	7:15	5:31	