

Point San Quentin, CA - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:00	5.9	2:15	5.4	7:59	0.5	8:10	0.4	6:41	6:02	
2	Fri	2:41	5.9	3:15	4.9	8:55	0.5	8:56	1.0	6:40	6:03	
3	Sat	3:25	5.8	4:23	4.4	9:56	0.6	9:49	1.6	6:38	6:04	
4	Sun	4:13	5.6	5:45	4.1	11:04	0.6	10:53	2.1	6:37	6:05	
5	Mon	5:07	5.4	7:14	4.1			12:16	0.6	6:36	6:06	
6	Tue	6:08	5.2	8:31	4.2	12:10	2.4	1:26	0.5	6:34	6:07	
7	Wed	7:12	5.2	9:28	4.4	1:25	2.5	2:26	0.4	6:33	6:08	
8	Thu	8:11	5.2	10:11	4.6	2:28	2.4	3:15	0.3	6:31	6:09	
9	Fri	9:03	5.3	10:47	4.7	3:19	2.2	3:57	0.2	6:30	6:10	
10	Sat	9:49	5.3	11:17	4.8	4:02	2.0	4:32	0.1	6:28	6:11	
11	Sun	10:31	5.4	11:44	4.9	4:41	1.8	5:04	0.2	6:27	6:12	
12	Mon	11:10	5.3			5:15	1.5	5:34	0.2	6:25	6:13	
13	Tue	12:09	5.0	11:48 AM	5.3	5:48	1.3	6:02	0.4	6:24	6:14	
14	Wed	12:35	5.1	12:27	5.1	6:21	1.1	6:31	0.6	6:22	6:15	
15	Thu	1:02	5.2	1:07	4.9	6:54	0.9	7:00	0.8	6:21	6:16	
16	Fri	1:30	5.3	1:50	4.7	7:31	0.7	7:32	1.1	6:19	6:17	
17	Sat	2:00	5.4	2:38	4.5	8:12	0.6	8:08	1.5	6:18	6:18	
18	Sun	2:34	5.4	3:35	4.2	8:59	0.5	8:49	1.9	6:16	6:19	
19	Mon	3:15	5.4	4:47	4.0	9:54	0.4	9:42	2.3	6:15	6:20	
20	Tue	4:05	5.3	6:11	3.9	10:59	0.3	10:52	2.5	6:13	6:21	
21	Wed	5:07	5.3	7:32	4.1			12:11	0.2	6:12	6:22	
22	Thu	6:18	5.3	8:35	4.4	12:17	2.6	1:21	0.0	6:10	6:23	
23	Fri	7:30	5.5	9:25	4.7	1:35	2.3	2:22	-0.3	6:09	6:24	
24	Sat	8:37	5.6	10:08	5.1	2:39	1.9	3:15	-0.4	6:07	6:25	
25	Sun	9:38	5.8	10:47	5.4	3:34	1.4	4:03	-0.5	6:05	6:25	
26	Mon	10:35	5.9	11:26	5.7	4:25	0.9	4:49	-0.4	6:04	6:26	
27	Tue	11:30	5.8			5:14	0.4	5:32	-0.1	6:02	6:27	
28	Wed	12:03	5.9	12:24	5.6	6:02	0.1	6:15	0.2	6:01	6:28	
29	Thu	12:41	6.0	1:17	5.4	6:50	-0.1	6:58	0.7	5:59	6:29	
30	Fri	1:19	6.0	2:12	5.0	7:38	-0.2	7:42	1.2	5:58	6:30	
31	Sat	1:58	5.9	3:10	4.7	8:28	-0.2	8:29	1.7	5:56	6:31	