

Point San Quentin, CA - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:42	4.4	7:03	4.7	11:37	0.3			5:49	8:26	
2	Sat	5:44	4.0	7:46	4.8	12:54	2.4	12:28	0.6	5:48	8:26	
3	Sun	6:57	3.8	8:26	5.0	1:58	2.1	1:21	0.9	5:48	8:27	
4	Mon	8:14	3.7	9:02	5.2	2:53	1.7	2:11	1.2	5:48	8:28	
5	Tue	9:27	3.7	9:37	5.5	3:40	1.2	2:58	1.4	5:47	8:28	
6	Wed	10:31	3.9	10:11	5.7	4:21	0.7	3:43	1.6	5:47	8:29	
7	Thu	11:28	4.1	10:47	6.0	4:59	0.2	4:25	1.8	5:47	8:29	
8	Fri			12:20	4.3	5:36	-0.3	5:08	2.0	5:47	8:30	
9	Sat			1:09	4.5	6:14	-0.7	5:51	2.2	5:47	8:31	
10	Sun	12:03	6.3	1:57	4.7	6:54	-1.0	6:37	2.3	5:46	8:31	
11	Mon	12:44	6.4	2:45	4.8	7:37	-1.2	7:25	2.4	5:46	8:32	
12	Tue	1:29	6.4	3:33	4.9	8:22	-1.3	8:18	2.4	5:46	8:32	
13	Wed	2:17	6.2	4:22	5.0	9:09	-1.2	9:17	2.4	5:46	8:32	
14	Thu	3:10	5.8	5:12	5.1	9:58	-1.0	10:24	2.3	5:46	8:33	
15	Fri	4:09	5.4	6:03	5.3	10:51	-0.6	11:41	2.1	5:46	8:33	
16	Sat	5:17	4.9	6:55	5.5	11:47	-0.1			5:46	8:34	
17	Sun	6:35	4.4	7:46	5.7	1:01	1.7	12:45	0.4	5:46	8:34	
18	Mon	8:00	4.2	8:35	6.0	2:13	1.2	1:44	0.8	5:47	8:34	
19	Tue	9:22	4.1	9:21	6.2	3:17	0.7	2:41	1.3	5:47	8:35	
20	Wed	10:35	4.2	10:05	6.3	4:12	0.1	3:36	1.6	5:47	8:35	
21	Thu	11:38	4.4	10:47	6.4	5:01	-0.3	4:28	1.9	5:47	8:35	
22	Fri			12:33	4.6	5:45	-0.5	5:17	2.2	5:47	8:35	
23	Sat			1:23	4.7	6:26	-0.7	6:04	2.4	5:48	8:35	
24	Sun	12:06	6.3	2:08	4.8	7:04	-0.7	6:49	2.5	5:48	8:36	
25	Mon	12:43	6.1	2:50	4.8	7:41	-0.7	7:34	2.6	5:48	8:36	
26	Tue	1:20	5.9	3:30	4.8	8:17	-0.6	8:19	2.6	5:48	8:36	
27	Wed	1:58	5.6	4:07	4.8	8:53	-0.4	9:05	2.7	5:49	8:36	
28	Thu	2:37	5.3	4:44	4.8	9:30	-0.2	9:56	2.6	5:49	8:36	
29	Fri	3:18	5.0	5:22	4.8	10:07	0.1	10:53	2.6	5:50	8:36	
30	Sat	4:05	4.6	6:00	4.9	10:47	0.5	11:57	2.4	5:50	8:36	