

Point San Quentin, CA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:01	4.1	6:40	5.1	11:31	0.8			5:50	8:36	
2	Mon	6:10	3.8	7:22	5.2	1:03	2.1	12:19	1.2	5:51	8:36	
3	Tue	7:33	3.6	8:03	5.5	2:04	1.7	1:11	1.6	5:51	8:36	
4	Wed	8:58	3.6	8:45	5.7	2:57	1.2	2:05	1.9	5:52	8:35	
5	Thu	10:11	3.8	9:27	6.0	3:44	0.7	2:58	2.1	5:52	8:35	
6	Fri	11:12	4.1	10:10	6.3	4:28	0.2	3:50	2.3	5:53	8:35	
7	Sat			12:05	4.4	5:10	-0.3	4:40	2.4	5:54	8:35	
8	Sun			12:53	4.7	5:52	-0.8	5:29	2.4	5:54	8:35	
9	Mon			1:38	4.9	6:35	-1.1	6:19	2.4	5:55	8:34	
10	Tue	12:27	6.8	2:23	5.1	7:19	-1.2	7:11	2.3	5:55	8:34	
11	Wed	1:16	6.7	3:07	5.3	8:04	-1.2	8:06	2.2	5:56	8:34	
12	Thu	2:08	6.4	3:51	5.4	8:50	-1.0	9:05	2.0	5:57	8:33	
13	Fri	3:02	6.0	4:37	5.6	9:38	-0.7	10:10	1.9	5:57	8:33	
14	Sat	4:02	5.5	5:25	5.8	10:27	-0.2	11:22	1.7	5:58	8:32	
15	Sun	5:10	4.9	6:15	5.9	11:19	0.4			5:59	8:32	
16	Mon	6:28	4.4	7:07	6.0	12:38	1.4	12:16	1.0	5:59	8:31	
17	Tue	7:56	4.1	7:59	6.2	1:52	1.0	1:18	1.5	6:00	8:31	
18	Wed	9:22	4.1	8:50	6.3	2:59	0.6	2:20	1.9	6:01	8:30	
19	Thu	10:35	4.3	9:39	6.3	3:57	0.2	3:21	2.2	6:02	8:30	
20	Fri	11:34	4.6	10:25	6.3	4:47	-0.1	4:16	2.4	6:02	8:29	
21	Sat			12:24	4.7	5:31	-0.3	5:06	2.5	6:03	8:28	
22	Sun			1:07	4.9	6:10	-0.4	5:52	2.5	6:04	8:28	
23	Mon			1:46	4.9	6:46	-0.4	6:34	2.5	6:05	8:27	
24	Tue	12:26	6.1	2:21	4.9	7:20	-0.3	7:15	2.5	6:06	8:26	
25	Wed	1:03	5.9	2:53	4.9	7:52	-0.2	7:54	2.4	6:06	8:25	
26	Thu	1:39	5.7	3:23	5.0	8:24	0.0	8:34	2.4	6:07	8:24	
27	Fri	2:17	5.4	3:53	5.0	8:55	0.2	9:17	2.3	6:08	8:24	
28	Sat	2:57	5.1	4:25	5.1	9:28	0.5	10:04	2.2	6:09	8:23	
29	Sun	3:40	4.7	5:00	5.2	10:03	0.8	10:58	2.1	6:10	8:22	
30	Mon	4:33	4.3	5:38	5.3	10:42	1.2	11:59	1.9	6:11	8:21	
31	Tue	5:39	3.9	6:21	5.4	11:27	1.7			6:11	8:20	