

Point San Quentin, CA - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:53	4.9	9:06	5.7	2:49	0.1	3:11	2.2	7:05	6:53	
2	Tue	10:36	5.3	10:09	5.9	3:43	0.0	4:06	1.7	7:06	6:52	
3	Wed	11:15	5.6	11:08	6.0	4:32	-0.1	4:57	1.1	7:07	6:50	
4	Thu	11:54	5.9			5:18	0.0	5:46	0.6	7:07	6:49	
5	Fri	12:04	6.0	12:32	6.1	6:03	0.2	6:34	0.2	7:08	6:47	
6	Sat	12:59	5.9	1:11	6.3	6:46	0.6	7:23	-0.1	7:09	6:46	
7	Sun	1:55	5.7	1:51	6.3	7:31	1.0	8:12	-0.2	7:10	6:44	
8	Mon	2:51	5.4	2:32	6.3	8:17	1.5	9:03	-0.2	7:11	6:43	
9	Tue	3:51	5.1	3:15	6.0	9:07	1.9	9:57	-0.1	7:12	6:41	
10	Wed	4:55	4.9	4:03	5.7	10:04	2.3	10:56	0.2	7:13	6:40	
11	Thu	6:06	4.7	4:58	5.4	11:13	2.6			7:14	6:38	
12	Fri	7:20	4.7	6:01	5.0	12:01	0.4	12:33	2.7	7:15	6:37	
13	Sat	8:27	4.8	7:11	4.8	1:09	0.6	1:49	2.6	7:16	6:36	
14	Sun	9:21	4.9	8:19	4.8	2:12	0.6	2:52	2.4	7:17	6:34	
15	Mon	10:04	5.0	9:21	4.8	3:06	0.7	3:44	2.0	7:18	6:33	
16	Tue	10:38	5.2	10:14	4.9	3:51	0.7	4:27	1.7	7:19	6:31	
17	Wed	11:07	5.3	11:01	4.9	4:30	0.8	5:05	1.3	7:20	6:30	
18	Thu	11:34	5.4	11:45	5.0	5:05	1.0	5:40	1.0	7:21	6:29	
19	Fri			12:00	5.5	5:37	1.1	6:12	0.7	7:22	6:27	
20	Sat	12:27	4.9	12:26	5.6	6:08	1.3	6:44	0.5	7:23	6:26	
21	Sun	1:09	4.9	12:54	5.7	6:38	1.6	7:16	0.3	7:24	6:25	
22	Mon	1:52	4.8	1:23	5.8	7:10	1.8	7:51	0.1	7:25	6:23	
23	Tue	2:37	4.8	1:55	5.8	7:45	2.1	8:30	0.0	7:26	6:22	
24	Wed	3:26	4.7	2:31	5.7	8:23	2.4	9:13	-0.1	7:27	6:21	
25	Thu	4:21	4.5	3:13	5.6	9:08	2.6	10:03	0.0	7:28	6:19	
26	Fri	5:22	4.5	4:04	5.4	10:05	2.8	11:00	0.0	7:29	6:18	
27	Sat	6:28	4.5	5:08	5.2	11:19	2.9			7:30	6:17	
28	Sun	6:33	4.7	5:23	5.0	12:05	0.1	11:45 AM	2.7	6:31	5:16	
29	Mon	7:29	5.0	6:41	5.0	12:12	0.2	1:03	2.3	6:32	5:15	
30	Tue	8:16	5.3	7:56	5.1	1:14	0.2	2:06	1.7	6:33	5:13	
31	Wed	8:59	5.7	9:04	5.2	2:10	0.3	3:01	1.1	6:34	5:12	