

Point San Quentin, CA - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:39	6.0	10:06	5.3	3:01	0.5	3:50	0.4	6:35	5:11	
2	Fri	10:18	6.3	11:04	5.4	3:48	0.7	4:38	-0.1	6:36	5:10	
3	Sat	10:57	6.5			4:34	1.0	5:24	-0.5	6:37	5:09	
4	Sun	12:00	5.4	11:35 AM	6.5	5:19	1.4	6:09	-0.7	6:38	5:08	
5	Mon	12:55	5.3	12:15	6.5	6:05	1.7	6:55	-0.8	6:39	5:07	
6	Tue	1:50	5.2	12:55	6.3	6:53	2.1	7:41	-0.7	6:40	5:06	
7	Wed	2:45	5.0	1:37	6.0	7:44	2.4	8:29	-0.4	6:41	5:05	
8	Thu	3:43	4.9	2:23	5.6	8:41	2.7	9:19	-0.1	6:42	5:04	
9	Fri	4:43	4.8	3:13	5.1	9:48	2.8	10:14	0.2	6:43	5:03	
10	Sat	5:44	4.8	4:13	4.7	11:06	2.8	11:13	0.5	6:44	5:02	
11	Sun	6:42	4.8	5:22	4.4			12:21	2.6	6:45	5:01	
12	Mon	7:31	5.0	6:36	4.2	12:13	0.7	1:25	2.3	6:47	5:01	
13	Tue	8:11	5.1	7:47	4.2	1:09	0.9	2:18	1.8	6:48	5:00	
14	Wed	8:45	5.3	8:49	4.3	1:58	1.1	3:02	1.4	6:49	4:59	
15	Thu	9:15	5.5	9:43	4.4	2:41	1.3	3:41	1.0	6:50	4:58	
16	Fri	9:44	5.6	10:33	4.5	3:19	1.5	4:16	0.6	6:51	4:58	
17	Sat	10:13	5.8	11:19	4.6	3:55	1.7	4:50	0.2	6:52	4:57	
18	Sun	10:43	6.0			4:30	1.9	5:22	-0.1	6:53	4:56	
19	Mon	12:04	4.7	11:15 AM	6.1	5:05	2.1	5:56	-0.3	6:54	4:56	
20	Tue	12:49	4.7	11:49 AM	6.1	5:41	2.3	6:33	-0.5	6:55	4:55	
21	Wed	1:35	4.8	12:25	6.1	6:21	2.5	7:13	-0.7	6:56	4:54	
22	Thu	2:23	4.8	1:06	6.0	7:05	2.6	7:56	-0.7	6:57	4:54	
23	Fri	3:13	4.8	1:51	5.8	7:55	2.7	8:45	-0.6	6:58	4:53	
24	Sat	4:07	4.8	2:45	5.5	8:56	2.8	9:38	-0.4	6:59	4:53	
25	Sun	5:02	4.9	3:49	5.1	10:11	2.7	10:36	-0.1	7:00	4:52	
26	Mon	5:58	5.1	5:05	4.8	11:35	2.4	11:38	0.2	7:01	4:52	
27	Tue	6:50	5.4	6:29	4.5			12:52	1.9	7:02	4:52	
28	Wed	7:39	5.7	7:50	4.5	12:39	0.5	1:58	1.3	7:03	4:51	
29	Thu	8:23	6.0	9:04	4.6	1:37	0.8	2:53	0.6	7:04	4:51	
30	Fri	9:06	6.3	10:09	4.8	2:31	1.1	3:44	0.0	7:05	4:51	