

Point San Quentin, CA - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:25	5.0	11:42 AM	5.5	5:48	1.7	6:11	0.1	6:40	6:03	
2	Sun	12:52	5.0	12:19	5.3	6:23	1.5	6:40	0.3	6:39	6:04	
3	Mon	1:17	5.1	12:57	5.1	6:57	1.4	7:08	0.5	6:37	6:05	
4	Tue	1:43	5.1	1:35	4.8	7:32	1.3	7:37	0.8	6:36	6:06	
5	Wed	2:09	5.1	2:17	4.5	8:09	1.2	8:08	1.2	6:34	6:07	
6	Thu	2:39	5.1	3:05	4.2	8:51	1.1	8:42	1.6	6:33	6:08	
7	Fri	3:13	5.1	4:05	3.9	9:40	1.0	9:22	2.0	6:32	6:09	
8	Sat	3:54	5.1	5:24	3.7	10:39	0.9	10:15	2.4	6:30	6:10	
9	Sun	4:44	5.1	6:57	3.7	11:47	0.8	11:29	2.7	6:29	6:11	
10	Mon	5:44	5.1	8:17	3.9			12:56	0.5	6:27	6:12	
11	Tue	6:50	5.3	9:13	4.3	12:51	2.7	1:58	0.1	6:26	6:13	
12	Wed	7:55	5.5	9:57	4.6	2:01	2.5	2:52	-0.2	6:24	6:14	
13	Thu	8:55	5.8	10:36	4.9	2:57	2.2	3:41	-0.5	6:23	6:15	
14	Fri	9:51	6.0	11:13	5.2	3:48	1.8	4:26	-0.7	6:21	6:16	
15	Sat	10:46	6.1	11:50	5.5	4:37	1.3	5:10	-0.7	6:20	6:17	
16	Sun	11:39	6.1			5:25	0.8	5:52	-0.5	6:18	6:18	
17	Mon	12:27	5.8	12:33	5.9	6:14	0.4	6:35	-0.1	6:17	6:19	
18	Tue	1:05	6.0	1:29	5.6	7:05	0.1	7:19	0.3	6:15	6:20	
19	Wed	1:45	6.1	2:27	5.2	7:58	-0.1	8:04	0.9	6:13	6:21	
20	Thu	2:27	6.0	3:32	4.8	8:54	-0.1	8:55	1.5	6:12	6:22	
21	Fri	3:14	5.9	4:45	4.4	9:56	0.0	9:55	2.0	6:10	6:22	
22	Sat	4:06	5.6	6:08	4.3	11:05	0.1	11:09	2.4	6:09	6:23	
23	Sun	5:07	5.3	7:31	4.3			12:18	0.2	6:07	6:24	
24	Mon	6:15	5.1	8:37	4.6	12:32	2.5	1:28	0.2	6:06	6:25	
25	Tue	7:24	5.0	9:29	4.8	1:47	2.4	2:28	0.2	6:04	6:26	
26	Wed	8:27	5.0	10:10	4.9	2:47	2.1	3:17	0.1	6:03	6:27	
27	Thu	9:22	5.1	10:44	5.0	3:36	1.8	3:58	0.2	6:01	6:28	
28	Fri	10:09	5.1	11:13	5.0	4:18	1.5	4:34	0.3	6:00	6:29	
29	Sat	10:52	5.0	11:39	5.1	4:56	1.3	5:06	0.4	5:58	6:30	
30	Sun	11:32	5.0			5:30	1.0	5:36	0.6	5:57	6:31	
31	Mon	12:04	5.1	12:11	4.9	6:02	0.8	6:05	0.8	5:55	6:32	