

Point San Quentin, CA - May 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:09	5.5	2:32	4.4	7:44	-0.2	7:32	2.0	6:13	8:00	
2	Fri	1:40	5.5	3:18	4.3	8:20	-0.4	8:08	2.2	6:11	8:01	
3	Sat	2:13	5.5	4:08	4.3	8:59	-0.4	8:49	2.5	6:10	8:02	
4	Sun	2:50	5.4	5:03	4.2	9:43	-0.4	9:39	2.7	6:09	8:03	
5	Mon	3:34	5.2	6:03	4.3	10:34	-0.4	10:44	2.8	6:08	8:04	
6	Tue	4:29	5.0	7:04	4.4	11:31	-0.3			6:07	8:05	
7	Wed	5:36	4.8	8:01	4.6	12:04	2.7	12:34	-0.2	6:06	8:06	
8	Thu	6:54	4.6	8:50	4.9	1:26	2.4	1:36	-0.1	6:05	8:07	
9	Fri	8:13	4.6	9:33	5.3	2:35	1.8	2:35	0.0	6:04	8:08	
10	Sat	9:28	4.6	10:13	5.7	3:34	1.2	3:28	0.2	6:03	8:09	
11	Sun	10:36	4.8	10:53	6.0	4:26	0.5	4:18	0.5	6:02	8:09	
12	Mon	11:39	4.9	11:32	6.3	5:15	-0.2	5:06	0.8	6:01	8:10	
13	Tue			12:38	5.0	6:02	-0.7	5:53	1.1	6:00	8:11	
14	Wed	12:12	6.4	1:35	5.0	6:49	-1.0	6:40	1.5	5:59	8:12	
15	Thu	12:53	6.5	2:31	5.0	7:36	-1.2	7:29	1.9	5:58	8:13	
16	Fri	1:34	6.3	3:27	4.9	8:24	-1.2	8:21	2.2	5:58	8:14	
17	Sat	2:18	6.1	4:24	4.8	9:12	-1.0	9:18	2.4	5:57	8:15	
18	Sun	3:04	5.7	5:22	4.8	10:02	-0.8	10:22	2.6	5:56	8:15	
19	Mon	3:53	5.2	6:21	4.7	10:54	-0.4	11:36	2.6	5:55	8:16	
20	Tue	4:49	4.7	7:18	4.8	11:50	-0.1			5:55	8:17	
21	Wed	5:54	4.3	8:10	4.8	12:53	2.5	12:48	0.3	5:54	8:18	
22	Thu	7:07	4.0	8:54	5.0	2:02	2.2	1:44	0.6	5:53	8:19	
23	Fri	8:23	3.9	9:30	5.1	3:01	1.7	2:35	0.8	5:53	8:20	
24	Sat	9:32	3.9	10:02	5.3	3:50	1.3	3:21	1.1	5:52	8:20	
25	Sun	10:33	3.9	10:32	5.4	4:32	0.9	4:02	1.4	5:51	8:21	
26	Mon	11:26	4.0	11:01	5.6	5:10	0.5	4:40	1.6	5:51	8:22	
27	Tue			12:15	4.2	5:44	0.1	5:16	1.9	5:50	8:23	
28	Wed			1:00	4.3	6:18	-0.2	5:52	2.1	5:50	8:23	
29	Thu	12:01	5.8	1:45	4.4	6:51	-0.4	6:28	2.3	5:49	8:24	
30	Fri	12:34	5.9	2:29	4.5	7:25	-0.6	7:07	2.5	5:49	8:25	
31	Sat	1:09	5.9	3:14	4.5	8:02	-0.8	7:48	2.6	5:49	8:26	