

Point San Quentin, CA - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:17	6.0	4:19	5.1	9:08	-0.9	9:17	2.5	5:51	8:36	
2	Wed	3:08	5.7	5:04	5.2	9:53	-0.7	10:21	2.3	5:51	8:36	
3	Thu	4:05	5.3	5:50	5.4	10:42	-0.3	11:33	2.1	5:52	8:36	
4	Fri	5:13	4.7	6:38	5.6	11:34	0.2			5:52	8:35	
5	Sat	6:33	4.3	7:27	5.9	12:50	1.7	12:30	0.7	5:53	8:35	
6	Sun	8:01	4.1	8:16	6.2	2:03	1.1	1:29	1.2	5:53	8:35	
7	Mon	9:27	4.1	9:05	6.4	3:07	0.5	2:30	1.7	5:54	8:35	
8	Tue	10:41	4.3	9:53	6.6	4:04	0.0	3:28	2.0	5:55	8:34	
9	Wed	11:44	4.6	10:40	6.7	4:55	-0.4	4:24	2.2	5:55	8:34	
10	Thu			12:38	4.8	5:42	-0.7	5:18	2.4	5:56	8:34	
11	Fri			1:27	5.0	6:26	-0.9	6:08	2.5	5:57	8:33	
12	Sat	12:09	6.6	2:12	5.1	7:08	-0.9	6:58	2.5	5:57	8:33	
13	Sun	12:52	6.3	2:53	5.1	7:48	-0.8	7:46	2.5	5:58	8:32	
14	Mon	1:34	6.1	3:33	5.1	8:26	-0.6	8:34	2.5	5:59	8:32	
15	Tue	2:16	5.7	4:10	5.1	9:04	-0.3	9:23	2.5	5:59	8:31	
16	Wed	2:58	5.3	4:47	5.1	9:42	0.1	10:16	2.4	6:00	8:31	
17	Thu	3:43	4.8	5:24	5.1	10:20	0.5	11:16	2.3	6:01	8:30	
18	Fri	4:35	4.4	6:02	5.1	11:01	0.9			6:02	8:30	
19	Sat	5:38	4.0	6:43	5.2	12:20	2.1	11:46 AM	1.4	6:02	8:29	
20	Sun	6:58	3.7	7:25	5.4	1:26	1.8	12:38	1.8	6:03	8:28	
21	Mon	8:28	3.6	8:09	5.6	2:26	1.4	1:34	2.2	6:04	8:28	
22	Tue	9:49	3.8	8:53	5.8	3:18	1.0	2:31	2.4	6:05	8:27	
23	Wed	10:52	4.0	9:37	6.0	4:04	0.6	3:24	2.6	6:05	8:26	
24	Thu	11:42	4.3	10:20	6.2	4:45	0.2	4:13	2.7	6:06	8:25	
25	Fri			12:25	4.5	5:24	-0.2	4:59	2.7	6:07	8:25	
26	Sat			1:05	4.8	6:03	-0.5	5:43	2.6	6:08	8:24	
27	Sun			1:43	5.0	6:42	-0.8	6:29	2.4	6:09	8:23	
28	Mon	12:34	6.6	2:22	5.1	7:22	-0.9	7:16	2.3	6:10	8:22	
29	Tue	1:21	6.5	3:01	5.3	8:03	-0.8	8:07	2.1	6:10	8:21	
30	Wed	2:10	6.2	3:41	5.5	8:46	-0.6	9:02	1.9	6:11	8:20	
31	Thu	3:04	5.8	4:23	5.7	9:29	-0.2	10:03	1.7	6:12	8:19	