

Point San Quentin, CA - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:03	5.3	5:07	5.8	10:16	0.3	11:11	1.4	6:13	8:18	
2	Sat	5:12	4.8	5:56	6.0	11:07	0.9			6:14	8:17	
3	Sun	6:34	4.3	6:49	6.1	12:26	1.2	12:05	1.5	6:15	8:16	
4	Mon	8:05	4.2	7:44	6.3	1:41	0.8	1:11	2.0	6:15	8:15	
5	Tue	9:31	4.3	8:40	6.4	2:50	0.4	2:19	2.3	6:16	8:14	
6	Wed	10:40	4.6	9:35	6.4	3:50	0.0	3:23	2.4	6:17	8:13	
7	Thu	11:36	4.8	10:26	6.5	4:42	-0.2	4:22	2.5	6:18	8:12	
8	Fri			12:23	5.0	5:28	-0.4	5:13	2.4	6:19	8:11	
9	Sat			1:05	5.1	6:10	-0.4	6:01	2.3	6:20	8:10	
10	Sun			1:43	5.2	6:48	-0.4	6:45	2.3	6:21	8:09	
11	Mon	12:40	6.1	2:17	5.2	7:24	-0.2	7:26	2.2	6:22	8:07	
12	Tue	1:20	5.9	2:49	5.2	7:57	0.0	8:07	2.1	6:22	8:06	
13	Wed	1:59	5.6	3:19	5.2	8:30	0.3	8:49	2.0	6:23	8:05	
14	Thu	2:39	5.2	3:49	5.2	9:03	0.6	9:32	1.9	6:24	8:04	
15	Fri	3:22	4.9	4:21	5.2	9:37	1.0	10:21	1.9	6:25	8:02	
16	Sat	4:10	4.5	4:56	5.2	10:13	1.4	11:16	1.8	6:26	8:01	
17	Sun	5:10	4.1	5:36	5.3	10:55	1.9			6:27	8:00	
18	Mon	6:28	3.8	6:23	5.3	12:19	1.6	11:46 AM	2.3	6:28	7:59	
19	Tue	8:00	3.8	7:15	5.4	1:26	1.4	12:51	2.6	6:28	7:57	
20	Wed	9:24	3.9	8:09	5.6	2:27	1.0	2:00	2.8	6:29	7:56	
21	Thu	10:24	4.2	9:03	5.8	3:21	0.6	3:01	2.8	6:30	7:55	
22	Fri	11:10	4.5	9:54	6.1	4:09	0.2	3:54	2.7	6:31	7:53	
23	Sat	11:50	4.8	10:44	6.3	4:52	-0.1	4:41	2.5	6:32	7:52	
24	Sun			12:27	5.0	5:34	-0.4	5:27	2.2	6:33	7:50	
25	Mon			1:04	5.3	6:15	-0.6	6:14	1.8	6:34	7:49	
26	Tue	12:23	6.5	1:41	5.5	6:55	-0.6	7:01	1.5	6:35	7:48	
27	Wed	1:13	6.4	2:18	5.7	7:37	-0.4	7:52	1.2	6:35	7:46	
28	Thu	2:06	6.2	2:57	5.9	8:19	0.0	8:45	1.0	6:36	7:45	
29	Fri	3:02	5.7	3:39	6.0	9:03	0.4	9:43	0.8	6:37	7:43	
30	Sat	4:04	5.2	4:25	6.1	9:51	1.0	10:48	0.7	6:38	7:42	
31	Sun	5:16	4.8	5:15	6.1	10:45	1.6			6:39	7:40	