

Point San Quentin, CA - Dec 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:11	5.4	8:21	4.0	1:16	1.1	2:35	1.4	7:07	4:50	
2	Tue	8:45	5.6	9:25	4.1	2:05	1.4	3:20	1.0	7:08	4:50	
3	Wed	9:16	5.7	10:19	4.2	2:49	1.6	3:58	0.6	7:09	4:50	
4	Thu	9:46	5.8	11:08	4.4	3:29	1.9	4:34	0.2	7:10	4:50	
5	Fri	10:15	5.9	11:52	4.5	4:06	2.1	5:06	0.0	7:11	4:50	
6	Sat	10:46	6.0			4:42	2.4	5:38	-0.3	7:11	4:50	
7	Sun	12:34	4.6	11:18 AM	6.0	5:17	2.5	6:11	-0.4	7:12	4:50	
8	Mon	1:15	4.6	11:52 AM	6.0	5:53	2.7	6:45	-0.5	7:13	4:50	
9	Tue	1:56	4.7	12:28	5.9	6:32	2.8	7:22	-0.6	7:14	4:50	
10	Wed	2:38	4.7	1:07	5.8	7:14	2.9	8:02	-0.6	7:15	4:50	
11	Thu	3:22	4.8	1:50	5.6	8:03	2.9	8:46	-0.5	7:16	4:50	
12	Fri	4:09	4.8	2:41	5.2	9:02	2.9	9:34	-0.2	7:16	4:51	
13	Sat	4:57	5.0	3:43	4.9	10:13	2.7	10:27	0.1	7:17	4:51	
14	Sun	5:46	5.2	4:59	4.5	11:32	2.3	11:24	0.4	7:18	4:51	
15	Mon	6:34	5.5	6:26	4.2			12:47	1.8	7:18	4:51	
16	Tue	7:20	5.8	7:52	4.2	12:23	0.8	1:51	1.1	7:19	4:52	
17	Wed	8:05	6.2	9:09	4.4	1:22	1.2	2:47	0.4	7:20	4:52	
18	Thu	8:50	6.5	10:16	4.6	2:18	1.5	3:38	-0.3	7:20	4:52	
19	Fri	9:34	6.8	11:16	4.9	3:12	1.8	4:27	-0.8	7:21	4:53	
20	Sat	10:18	6.9			4:05	2.0	5:13	-1.1	7:21	4:53	
21	Sun	12:10	5.1	11:03 AM	6.9	4:56	2.2	5:59	-1.3	7:22	4:54	
22	Mon	1:01	5.2	11:48 AM	6.8	5:47	2.4	6:44	-1.2	7:22	4:54	
23	Tue	1:50	5.2	12:33	6.5	6:39	2.5	7:28	-1.1	7:23	4:55	
24	Wed	2:37	5.2	1:19	6.1	7:33	2.5	8:12	-0.7	7:23	4:55	
25	Thu	3:24	5.2	2:06	5.6	8:30	2.6	8:56	-0.4	7:24	4:56	
26	Fri	4:11	5.2	2:57	5.0	9:32	2.5	9:42	0.1	7:24	4:57	
27	Sat	4:57	5.1	3:54	4.5	10:41	2.4	10:31	0.6	7:24	4:57	
28	Sun	5:44	5.2	5:03	4.0	11:53	2.2	11:23	1.1	7:25	4:58	
29	Mon	6:28	5.2	6:26	3.7			1:00	1.8	7:25	4:59	
30	Tue	7:10	5.4	7:53	3.7	12:18	1.5	1:59	1.4	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	7:49	5.5	9:10	3.8	1:13	1.9	2:48	1.0	7:25	5:00	