

Point San Quentin, CA - Mar 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:44	5.3	10:07	4.3	1:58	2.8	2:57	0.2	6:41	6:03	
2	Mon	8:38	5.6	10:43	4.6	2:52	2.7	3:40	-0.1	6:39	6:04	
3	Tue	9:29	5.8	11:16	4.8	3:37	2.4	4:20	-0.4	6:38	6:05	
4	Wed	10:17	6.0	11:48	5.0	4:19	2.1	4:59	-0.6	6:36	6:06	
5	Thu	11:05	6.1			5:01	1.7	5:37	-0.6	6:35	6:07	
6	Fri	12:21	5.2	11:54 AM	6.1	5:44	1.3	6:16	-0.5	6:33	6:08	
7	Sat	12:55	5.5	12:44	5.9	6:30	0.9	6:55	-0.2	6:32	6:09	
8	Sun	1:30	5.7	1:37	5.6	7:18	0.6	7:35	0.2	6:30	6:10	
9	Mon	2:07	5.8	2:35	5.1	8:11	0.4	8:19	0.8	6:29	6:11	
10	Tue	2:48	5.9	3:41	4.6	9:09	0.2	9:07	1.4	6:27	6:12	
11	Wed	3:34	5.9	5:00	4.3	10:14	0.2	10:05	2.0	6:26	6:13	
12	Thu	4:28	5.8	6:30	4.1	11:28	0.1	11:19	2.4	6:24	6:14	
13	Fri	5:31	5.6	7:56	4.3			12:45	0.1	6:23	6:15	
14	Sat	6:40	5.6	9:03	4.6	12:44	2.5	1:55	-0.1	6:21	6:16	
15	Sun	7:49	5.5	9:55	4.8	2:01	2.4	2:55	-0.2	6:20	6:17	
16	Mon	8:51	5.6	10:37	5.0	3:03	2.2	3:45	-0.3	6:18	6:18	
17	Tue	9:46	5.6	11:14	5.2	3:55	1.9	4:27	-0.2	6:17	6:18	
18	Wed	10:35	5.5	11:47	5.2	4:40	1.6	5:05	-0.1	6:15	6:19	
19	Thu	11:19	5.4			5:21	1.3	5:39	0.1	6:14	6:20	
20	Fri	12:17	5.2	12:01	5.2	5:59	1.1	6:11	0.3	6:12	6:21	
21	Sat	12:43	5.2	12:42	5.0	6:34	0.9	6:41	0.7	6:11	6:22	
22	Sun	1:09	5.2	1:23	4.8	7:10	0.8	7:12	1.0	6:09	6:23	
23	Mon	1:34	5.2	2:06	4.5	7:46	0.7	7:43	1.4	6:08	6:24	
24	Tue	2:01	5.2	2:52	4.2	8:24	0.6	8:16	1.8	6:06	6:25	
25	Wed	2:31	5.1	3:48	3.9	9:07	0.6	8:53	2.2	6:05	6:26	
26	Thu	3:07	5.0	4:57	3.8	9:57	0.6	9:42	2.6	6:03	6:27	
27	Fri	3:51	4.9	6:23	3.7	10:57	0.6	10:53	2.9	6:02	6:28	
28	Sat	4:48	4.8	7:43	3.9			12:05	0.6	6:00	6:29	
29	Sun	5:55	4.8	8:40	4.1	12:22	2.9	1:10	0.4	5:59	6:30	
30	Mon	7:04	4.9	9:21	4.4	1:35	2.7	2:07	0.1	5:57	6:31	
31	Tue	8:08	5.1	9:56	4.7	2:30	2.4	2:56	-0.1	5:56	6:31	