

Point San Quentin, CA - Mar 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:43	5.7	1:33	5.7	7:26	0.9	7:43	0.0	6:41	6:02	
2	Wed	2:20	5.7	2:28	5.1	8:18	0.7	8:23	0.7	6:40	6:03	
3	Thu	2:57	5.7	3:29	4.5	9:14	0.7	9:06	1.4	6:38	6:04	
4	Fri	3:36	5.6	4:42	4.1	10:14	0.7	9:56	2.0	6:37	6:05	
5	Sat	4:19	5.4	6:15	3.8	11:21	0.7	10:59	2.5	6:36	6:06	
6	Sun	5:10	5.2	7:55	3.9			12:32	0.6	6:34	6:07	
7	Mon	6:08	5.1	9:08	4.2	12:21	2.9	1:40	0.5	6:33	6:08	
8	Tue	7:12	5.1	9:58	4.4	1:39	2.9	2:38	0.3	6:31	6:09	
9	Wed	8:11	5.2	10:35	4.5	2:41	2.8	3:26	0.1	6:30	6:10	
10	Thu	9:03	5.3	11:06	4.6	3:30	2.6	4:06	0.0	6:28	6:11	
11	Fri	9:49	5.4	11:32	4.7	4:10	2.3	4:41	-0.1	6:27	6:12	
12	Sat	10:31	5.5	11:57	4.8	4:46	2.0	5:12	-0.1	6:25	6:13	
13	Sun	11:11	5.4			5:19	1.8	5:42	0.0	6:24	6:14	
14	Mon	12:21	4.9	11:51 AM	5.4	5:52	1.5	6:10	0.1	6:22	6:15	
15	Tue	12:45	5.1	12:31	5.2	6:25	1.2	6:39	0.3	6:21	6:16	
16	Wed	1:10	5.2	1:14	5.0	7:01	1.0	7:09	0.7	6:19	6:17	
17	Thu	1:37	5.3	2:01	4.7	7:40	0.7	7:41	1.1	6:18	6:18	
18	Fri	2:07	5.5	2:56	4.3	8:24	0.5	8:17	1.6	6:16	6:19	
19	Sat	2:41	5.5	4:04	4.0	9:16	0.3	9:00	2.1	6:15	6:20	
20	Sun	3:22	5.5	5:30	3.8	10:17	0.2	9:56	2.6	6:13	6:21	
21	Mon	4:14	5.5	7:06	3.9	11:29	0.1	11:15	2.9	6:12	6:22	
22	Tue	5:20	5.5	8:24	4.2			12:45	-0.1	6:10	6:23	
23	Wed	6:36	5.5	9:19	4.5	12:47	2.9	1:55	-0.4	6:08	6:24	
24	Thu	7:49	5.6	10:02	4.8	2:04	2.6	2:54	-0.6	6:07	6:25	
25	Fri	8:56	5.8	10:40	5.1	3:05	2.1	3:45	-0.7	6:05	6:26	
26	Sat	9:56	5.9	11:16	5.4	3:59	1.6	4:30	-0.6	6:04	6:26	
27	Sun	10:52	5.8	11:51	5.6	4:48	1.1	5:12	-0.4	6:02	6:27	
28	Mon	11:46	5.7			5:36	0.6	5:52	-0.1	6:01	6:28	
29	Tue	12:25	5.7	12:38	5.4	6:22	0.2	6:31	0.4	5:59	6:29	
30	Wed	12:58	5.8	1:31	5.1	7:08	0.0	7:10	0.9	5:58	6:30	
31	Thu	1:31	5.8	2:26	4.7	7:54	-0.1	7:49	1.5	5:56	6:31	