

Point San Quentin, CA - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:07	5.9	4:18	4.1	9:44	0.4	9:16	2.0	6:41	6:03	
2	Sun	3:51	5.9	5:56	3.8	10:54	0.2	10:12	2.6	6:39	6:04	
3	Mon	4:45	5.9	7:45	3.9			12:12	0.0	6:38	6:05	
4	Tue	5:52	5.8	9:05	4.2			1:30	-0.2	6:37	6:06	
5	Wed	7:06	5.8	9:58	4.6	1:11	3.1	2:37	-0.4	6:35	6:07	
6	Thu	8:16	5.9	10:39	4.8	2:29	2.9	3:32	-0.6	6:34	6:08	
7	Fri	9:18	6.0	11:16	5.0	3:30	2.5	4:19	-0.7	6:32	6:09	
8	Sat	10:13	6.0	11:49	5.1	4:22	2.1	5:00	-0.6	6:31	6:10	
9	Sun	11:03	5.9			5:08	1.7	5:37	-0.5	6:29	6:11	
10	Mon	12:20	5.2	11:50 AM	5.6	5:51	1.3	6:10	-0.1	6:28	6:12	
11	Tue	12:48	5.3	12:35	5.3	6:32	1.1	6:42	0.3	6:26	6:13	
12	Wed	1:14	5.4	1:20	4.9	7:11	0.9	7:13	0.8	6:25	6:14	
13	Thu	1:39	5.4	2:07	4.5	7:51	0.7	7:44	1.3	6:23	6:14	
14	Fri	2:03	5.4	2:59	4.2	8:32	0.6	8:15	1.9	6:22	6:15	
15	Sat	2:30	5.3	4:01	3.8	9:17	0.6	8:50	2.4	6:20	6:16	
16	Sun	3:02	5.2	5:25	3.6	10:10	0.7	9:33	2.9	6:19	6:17	
17	Mon	3:42	5.1	7:20	3.7	11:14	0.7	10:45	3.2	6:17	6:18	
18	Tue	4:37	4.9	8:44	3.9			12:28	0.6	6:16	6:19	
19	Wed	5:45	4.9	9:28	4.1	12:29	3.3	1:36	0.4	6:14	6:20	
20	Thu	6:57	4.9	9:58	4.3	1:46	3.1	2:32	0.2	6:13	6:21	
21	Fri	8:02	5.1	10:25	4.5	2:40	2.8	3:17	-0.1	6:11	6:22	
22	Sat	8:58	5.3	10:50	4.7	3:23	2.4	3:55	-0.2	6:10	6:23	
23	Sun	9:49	5.5	11:15	4.9	4:02	2.0	4:30	-0.3	6:08	6:24	
24	Mon	10:38	5.5	11:41	5.2	4:41	1.5	5:03	-0.2	6:07	6:25	
25	Tue	11:28	5.5			5:21	0.9	5:37	0.0	6:05	6:26	
26	Wed	12:09	5.5	12:19	5.3	6:03	0.4	6:11	0.4	6:03	6:27	
27	Thu	12:38	5.8	1:14	5.1	6:47	-0.1	6:47	1.0	6:02	6:28	
28	Fri	1:09	6.0	2:13	4.8	7:35	-0.4	7:26	1.5	6:00	6:29	
29	Sat	1:45	6.1	3:19	4.4	8:27	-0.6	8:09	2.1	5:59	6:29	
30	Sun	2:26	6.1	4:38	4.1	9:26	-0.6	9:01	2.6	5:57	6:30	
31	Mon	3:16	5.9	6:09	4.1	10:34	-0.5	10:14	3.0	5:56	6:31	