

Point San Quentin, CA - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:36	5.4	8:30	3.4			2:02	1.1	7:25	5:01	
2	Mon	7:18	5.6	9:48	3.7	12:44	2.6	2:44	0.6	7:25	5:02	
3	Tue	8:00	5.9	10:48	4.1	1:44	2.9	3:32	0.1	7:26	5:03	
4	Wed	8:42	6.1	11:30	4.3	2:38	3.1	4:08	-0.3	7:26	5:04	
5	Thu	9:30	6.3			3:26	3.2	4:50	-0.7	7:26	5:04	
6	Fri	12:06	4.5	10:12 AM	6.5	4:14	3.1	5:26	-1.0	7:26	5:05	
7	Sat	12:48	4.7	11:00 AM	6.7	5:02	3.0	6:08	-1.3	7:26	5:06	
8	Sun	1:24	4.8	11:42 AM	6.7	5:44	2.8	6:50	-1.3	7:25	5:07	
9	Mon	1:54	4.9	12:30	6.5	6:32	2.6	7:26	-1.2	7:25	5:08	
10	Tue	2:30	5.1	1:24	6.1	7:26	2.4	8:08	-0.9	7:25	5:09	
11	Wed	3:12	5.3	2:18	5.6	8:26	2.1	8:50	-0.3	7:25	5:10	
12	Thu	3:48	5.5	3:18	4.9	9:32	1.8	9:32	0.3	7:25	5:11	
13	Fri	4:30	5.8	4:36	4.2	10:44	1.4	10:20	1.1	7:24	5:12	
14	Sat	5:12	6.0	6:12	3.8			12:02	0.9	7:24	5:13	
15	Sun	6:00	6.2	8:00	3.8			1:20	0.4	7:24	5:14	
16	Mon	6:54	6.3	9:30	4.1	12:20	2.4	2:26	0.0	7:23	5:15	
17	Tue	7:48	6.4	10:30	4.4	1:32	2.8	3:20	-0.4	7:23	5:16	
18	Wed	8:42	6.4	11:24	4.7	2:38	3.0	4:14	-0.7	7:23	5:17	
19	Thu	9:36	6.5			3:38	3.0	4:56	-0.8	7:22	5:18	
20	Fri	12:06	4.9	10:24 AM	6.4	4:32	2.9	5:38	-0.8	7:22	5:19	
21	Sat	12:42	4.9	11:06 AM	6.3	5:20	2.7	6:14	-0.8	7:21	5:21	
22	Sun	1:18	5.0	11:48 AM	6.1	6:02	2.6	6:44	-0.6	7:21	5:22	
23	Mon	1:48	5.0	12:30	5.8	6:44	2.4	7:20	-0.4	7:20	5:23	
24	Tue	2:18	5.0	1:06	5.4	7:26	2.3	7:50	0.0	7:19	5:24	
25	Wed	2:42	5.0	1:48	5.0	8:08	2.1	8:14	0.4	7:19	5:25	
26	Thu	3:12	5.1	2:30	4.5	8:56	2.0	8:44	0.9	7:18	5:26	
27	Fri	3:36	5.1	3:24	4.0	9:50	1.8	9:14	1.5	7:17	5:27	
28	Sat	4:06	5.2	4:30	3.5	10:50	1.6	9:50	2.0	7:17	5:28	
29	Sun	4:42	5.3	6:18	3.3	11:56	1.3	10:32	2.6	7:16	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	5:30	5.4	8:24	3.4			1:02	1.0	7:15	5:31	
31	Tue	6:18	5.5	9:48	3.8			2:02	0.6	7:14	5:32	