

Point San Quentin, CA - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:28	5.3	9:16	3.9			1:15	0.4	6:40	6:03	
2	Thu	6:39	5.4	9:54	4.1	12:42	3.3	2:17	0.0	6:39	6:04	
3	Fri	7:47	5.6	10:25	4.4	2:00	3.1	3:09	-0.4	6:38	6:05	
4	Sat	8:48	5.9	10:54	4.7	2:57	2.7	3:53	-0.7	6:36	6:06	
5	Sun	9:44	6.1	11:24	5.0	3:47	2.2	4:34	-0.8	6:35	6:07	
6	Mon	10:39	6.2	11:54	5.3	4:35	1.6	5:13	-0.7	6:33	6:08	
7	Tue	11:32	6.1			5:23	1.1	5:51	-0.5	6:32	6:09	
8	Wed	12:25	5.7	12:27	5.8	6:12	0.5	6:29	0.0	6:30	6:10	
9	Thu	12:58	6.0	1:24	5.4	7:02	0.1	7:08	0.6	6:29	6:11	
10	Fri	1:33	6.2	2:25	4.9	7:55	-0.2	7:48	1.2	6:27	6:12	
11	Sat	2:11	6.3	3:33	4.5	8:51	-0.3	8:33	1.9	6:26	6:13	
12	Sun	2:54	6.2	4:54	4.1	9:54	-0.2	9:27	2.5	6:24	6:14	
13	Mon	3:45	6.0	6:30	4.0	11:06	-0.1	10:41	2.9	6:23	6:15	
14	Tue	4:46	5.7	7:58	4.2			12:25	0.0	6:21	6:16	
15	Wed	5:59	5.4	9:01	4.4	12:17	3.0	1:39	0.0	6:20	6:17	
16	Thu	7:14	5.3	9:47	4.7	1:42	2.8	2:41	-0.1	6:18	6:18	
17	Fri	8:21	5.2	10:25	4.8	2:46	2.5	3:29	-0.1	6:17	6:19	
18	Sat	9:18	5.2	10:56	4.9	3:37	2.1	4:09	-0.1	6:15	6:19	
19	Sun	10:07	5.2	11:23	5.0	4:20	1.7	4:42	0.1	6:14	6:20	
20	Mon	10:51	5.1	11:46	5.1	4:58	1.4	5:11	0.3	6:12	6:21	
21	Tue	11:33	5.0			5:33	1.1	5:38	0.6	6:11	6:22	
22	Wed	12:06	5.2	12:13	4.8	6:06	0.8	6:04	0.9	6:09	6:23	
23	Thu	12:27	5.3	12:54	4.6	6:38	0.6	6:29	1.3	6:08	6:24	
24	Fri	12:48	5.4	1:37	4.4	7:11	0.4	6:56	1.7	6:06	6:25	
25	Sat	1:11	5.4	2:24	4.1	7:46	0.3	7:23	2.1	6:05	6:26	
26	Sun	1:38	5.4	3:18	3.9	8:25	0.2	7:53	2.5	6:03	6:27	
27	Mon	2:10	5.4	4:25	3.7	9:11	0.2	8:29	2.8	6:02	6:28	
28	Tue	2:50	5.3	5:53	3.6	10:07	0.2	9:21	3.1	6:00	6:29	
29	Wed	3:42	5.1	7:24	3.8	11:15	0.2	10:51	3.2	5:58	6:30	
30	Thu	4:50	5.0	8:22	4.0			12:27	0.1	5:57	6:31	
31	Fri	6:07	5.0	9:00	4.3	12:33	3.1	1:32	-0.1	5:55	6:32	