

Point San Quentin, CA - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:24	4.4	12:38	5.7	6:42	3.0	7:45	-0.2	6:35	5:11	
2	Thu	3:14	4.3	1:15	5.6	7:19	3.2	8:28	-0.1	6:36	5:10	
3	Fri	4:10	4.2	1:58	5.4	8:04	3.4	9:17	-0.1	6:38	5:08	
4	Sat	5:10	4.3	2:50	5.2	9:07	3.4	10:13	0.0	6:39	5:07	
5	Sun	6:06	4.4	3:55	4.9	10:33	3.3	11:13	0.1	6:40	5:06	
6	Mon	6:53	4.6	5:11	4.7			12:02	3.0	6:41	5:05	
7	Tue	7:32	4.9	6:33	4.6	12:12	0.2	1:12	2.4	6:42	5:04	
8	Wed	8:06	5.2	7:52	4.6	1:06	0.4	2:08	1.7	6:43	5:04	
9	Thu	8:39	5.7	9:05	4.7	1:55	0.7	2:58	0.8	6:44	5:03	
10	Fri	9:13	6.1	10:12	4.8	2:42	1.0	3:45	0.0	6:45	5:02	
11	Sat	9:48	6.5	11:16	4.9	3:27	1.5	4:32	-0.7	6:46	5:01	
12	Sun	10:26	6.9			4:12	1.9	5:19	-1.2	6:47	5:00	
13	Mon	12:16	5.0	11:06 AM	7.0	4:59	2.3	6:07	-1.5	6:48	4:59	
14	Tue	1:14	5.0	11:50 AM	7.0	5:47	2.6	6:57	-1.5	6:49	4:59	
15	Wed	2:12	5.0	12:38	6.8	6:39	2.8	7:48	-1.3	6:50	4:58	
16	Thu	3:10	4.9	1:28	6.4	7:37	3.0	8:41	-1.0	6:51	4:57	
17	Fri	4:09	4.9	2:23	5.9	8:44	3.1	9:38	-0.6	6:52	4:56	
18	Sat	5:08	4.9	3:24	5.3	10:02	3.0	10:36	-0.2	6:54	4:56	
19	Sun	6:04	4.9	4:33	4.8	11:26	2.8	11:34	0.3	6:55	4:55	
20	Mon	6:54	5.1	5:51	4.3			12:42	2.3	6:56	4:55	
21	Tue	7:37	5.2	7:13	4.0	12:30	0.7	1:46	1.8	6:57	4:54	
22	Wed	8:12	5.4	8:30	4.0	1:20	1.1	2:39	1.3	6:58	4:54	
23	Thu	8:43	5.6	9:38	4.0	2:06	1.5	3:24	0.8	6:59	4:53	
24	Fri	9:11	5.7	10:36	4.2	2:47	1.9	4:02	0.4	7:00	4:53	
25	Sat	9:37	5.8	11:28	4.3	3:25	2.3	4:37	0.0	7:01	4:52	
26	Sun	10:05	5.9			4:02	2.6	5:10	-0.2	7:02	4:52	
27	Mon	12:14	4.4	10:34 AM	6.0	4:38	2.9	5:43	-0.4	7:03	4:51	
28	Tue	12:57	4.5	11:06 AM	6.0	5:13	3.0	6:16	-0.5	7:04	4:51	
29	Wed	1:38	4.5	11:40 AM	6.0	5:49	3.2	6:51	-0.6	7:05	4:51	
30	Thu	2:19	4.5	12:17	5.9	6:26	3.2	7:29	-0.6	7:06	4:51	