

Point San Quentin, CA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:29	6.1	3:39	4.3	9:03	0.1	8:42	1.8	6:41	6:03	
2	Fri	3:11	6.1	5:03	4.0	10:07	0.0	9:34	2.4	6:39	6:04	
3	Sat	4:03	6.0	6:43	3.9	11:22	0.0	10:46	2.8	6:38	6:05	
4	Sun	5:06	5.9	8:14	4.1			12:43	-0.1	6:36	6:06	
5	Mon	6:20	5.8	9:16	4.4	12:21	3.0	1:56	-0.2	6:35	6:07	
6	Tue	7:34	5.7	10:02	4.7	1:47	2.8	2:57	-0.4	6:34	6:08	
7	Wed	8:41	5.8	10:41	4.9	2:54	2.5	3:46	-0.4	6:32	6:09	
8	Thu	9:39	5.7	11:15	5.1	3:49	2.1	4:28	-0.4	6:31	6:10	
9	Fri	10:30	5.7	11:45	5.2	4:36	1.7	5:04	-0.2	6:29	6:11	
10	Sat	11:17	5.5			5:19	1.3	5:36	0.0	6:28	6:12	
11	Sun	12:13	5.3	12:02	5.2	5:58	1.0	6:07	0.4	6:26	6:13	
12	Mon	12:38	5.4	12:45	4.9	6:36	0.8	6:36	0.8	6:25	6:14	
13	Tue	1:02	5.4	1:29	4.6	7:13	0.6	7:05	1.3	6:23	6:15	
14	Wed	1:26	5.5	2:15	4.3	7:50	0.5	7:35	1.8	6:22	6:15	
15	Thu	1:51	5.4	3:06	4.0	8:30	0.5	8:05	2.2	6:20	6:16	
16	Fri	2:20	5.4	4:08	3.7	9:14	0.5	8:39	2.6	6:19	6:17	
17	Sat	2:56	5.2	5:31	3.6	10:08	0.6	9:23	2.9	6:17	6:18	
18	Sun	3:43	5.1	7:17	3.6	11:13	0.6	10:40	3.2	6:16	6:19	
19	Mon	4:42	4.9	8:30	3.8			12:25	0.5	6:14	6:20	
20	Tue	5:53	4.9	9:10	4.0	12:25	3.2	1:31	0.3	6:13	6:21	
21	Wed	7:04	5.0	9:39	4.3	1:40	2.9	2:24	0.1	6:11	6:22	
22	Thu	8:08	5.1	10:06	4.5	2:34	2.6	3:08	-0.1	6:10	6:23	
23	Fri	9:06	5.3	10:32	4.8	3:19	2.1	3:46	-0.2	6:08	6:24	
24	Sat	10:00	5.4	11:00	5.2	4:01	1.5	4:23	-0.1	6:06	6:25	
25	Sun	10:53	5.5	11:28	5.5	4:44	0.9	4:59	0.1	6:05	6:26	
26	Mon	11:47	5.4	11:59	5.9	5:27	0.3	5:36	0.5	6:03	6:27	
27	Tue			12:42	5.2	6:12	-0.2	6:14	0.9	6:02	6:28	
28	Wed	12:32	6.2	1:40	4.9	7:00	-0.6	6:54	1.4	6:00	6:29	
29	Thu	1:09	6.3	2:42	4.6	7:50	-0.8	7:37	1.9	5:59	6:29	
30	Fri	1:51	6.3	3:52	4.4	8:46	-0.8	8:27	2.4	5:57	6:30	
31	Sat	2:39	6.1	5:11	4.2	9:49	-0.6	9:32	2.8	5:56	6:31	