

Point San Quentin, CA - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:44	3.8	8:39	5.4	2:17	1.5	1:43	0.9	5:48	8:26	
2	Sat	9:09	3.7	9:15	5.6	3:16	1.0	2:33	1.4	5:48	8:27	
3	Sun	10:25	3.7	9:47	5.7	4:06	0.5	3:19	1.9	5:48	8:27	
4	Mon	11:30	3.9	10:19	5.8	4:49	0.1	4:04	2.3	5:47	8:28	
5	Tue			12:24	4.1	5:28	-0.2	4:46	2.6	5:47	8:29	
6	Wed			1:12	4.2	6:03	-0.4	5:26	2.8	5:47	8:29	
7	Thu			1:54	4.3	6:37	-0.6	6:05	3.0	5:47	8:30	
8	Fri			2:33	4.4	7:11	-0.7	6:43	3.0	5:47	8:30	
9	Sat	12:32	5.9	3:09	4.4	7:45	-0.7	7:21	3.0	5:46	8:31	
10	Sun	1:09	5.8	3:45	4.4	8:19	-0.8	8:01	3.0	5:46	8:31	
11	Mon	1:47	5.7	4:22	4.4	8:55	-0.7	8:46	3.0	5:46	8:32	
12	Tue	2:28	5.4	4:58	4.5	9:33	-0.6	9:39	2.9	5:46	8:32	
13	Wed	3:13	5.1	5:35	4.7	10:13	-0.4	10:42	2.7	5:46	8:33	
14	Thu	4:05	4.7	6:12	4.9	10:55	-0.1	11:52	2.3	5:46	8:33	
15	Fri	5:10	4.3	6:50	5.2	11:41	0.4			5:46	8:33	
16	Sat	6:32	3.9	7:29	5.6	1:04	1.8	12:30	0.9	5:46	8:34	
17	Sun	8:06	3.7	8:10	6.0	2:10	1.1	1:24	1.4	5:46	8:34	
18	Mon	9:38	3.8	8:54	6.3	3:09	0.4	2:20	1.9	5:47	8:34	
19	Tue	10:57	4.0	9:40	6.7	4:04	-0.4	3:18	2.3	5:47	8:35	
20	Wed			12:03	4.4	4:55	-1.0	4:15	2.6	5:47	8:35	
21	Thu			12:59	4.6	5:46	-1.4	5:12	2.7	5:47	8:35	
22	Fri			1:50	4.8	6:35	-1.6	6:09	2.8	5:47	8:35	
23	Sat	12:12	7.0	2:38	4.9	7:24	-1.7	7:06	2.7	5:48	8:36	
24	Sun	1:04	6.8	3:23	5.0	8:11	-1.5	8:04	2.6	5:48	8:36	
25	Mon	1:56	6.4	4:07	5.1	8:58	-1.2	9:05	2.5	5:48	8:36	
26	Tue	2:48	5.9	4:51	5.2	9:42	-0.8	10:10	2.3	5:49	8:36	
27	Wed	3:43	5.3	5:33	5.3	10:26	-0.3	11:19	2.1	5:49	8:36	
28	Thu	4:43	4.6	6:15	5.4	11:11	0.4			5:49	8:36	
29	Fri	5:53	4.0	6:56	5.5	12:31	1.8	11:57 AM	1.0	5:50	8:36	
30	Sat	7:20	3.6	7:36	5.6	1:40	1.4	12:46	1.6	5:50	8:36	