

Point San Quentin, CA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:15	4.1	9:01	5.8	3:50	0.5	3:11	3.2	6:13	8:19	
2	Thu	11:56	4.3	9:50	5.9	4:36	0.2	4:04	3.2	6:13	8:18	
3	Fri			12:28	4.5	5:16	0.0	4:49	3.0	6:14	8:17	
4	Sat			12:58	4.6	5:52	-0.2	5:29	2.9	6:15	8:16	
5	Sun			1:25	4.7	6:24	-0.4	6:07	2.7	6:16	8:15	
6	Mon	12:00	6.2	1:52	4.9	6:56	-0.5	6:45	2.4	6:17	8:14	
7	Tue	12:41	6.1	2:19	5.1	7:27	-0.4	7:26	2.1	6:18	8:13	
8	Wed	1:24	5.9	2:47	5.3	7:58	-0.2	8:10	1.8	6:19	8:11	
9	Thu	2:10	5.6	3:16	5.5	8:31	0.1	8:58	1.5	6:19	8:10	
10	Fri	3:01	5.2	3:48	5.8	9:05	0.6	9:53	1.2	6:20	8:09	
11	Sat	4:00	4.7	4:25	6.0	9:43	1.2	10:54	1.0	6:21	8:08	
12	Sun	5:14	4.2	5:07	6.1	10:26	1.9			6:22	8:07	
13	Mon	6:47	3.9	5:59	6.2	12:04	0.7	11:20 AM	2.5	6:23	8:05	
14	Tue	8:31	3.9	7:00	6.3	1:21	0.4	12:30	2.9	6:24	8:04	
15	Wed	9:56	4.2	8:07	6.4	2:34	0.1	1:53	3.1	6:25	8:03	
16	Thu	10:54	4.5	9:12	6.5	3:39	-0.3	3:09	3.0	6:26	8:02	
17	Fri	11:40	4.8	10:13	6.6	4:34	-0.5	4:13	2.7	6:26	8:00	
18	Sat			12:20	5.0	5:22	-0.7	5:09	2.4	6:27	7:59	
19	Sun			12:57	5.2	6:05	-0.7	6:00	2.1	6:28	7:58	
20	Mon	12:00	6.4	1:31	5.4	6:44	-0.5	6:48	1.8	6:29	7:56	
21	Tue	12:49	6.2	2:04	5.5	7:20	-0.2	7:35	1.5	6:30	7:55	
22	Wed	1:36	5.8	2:34	5.6	7:55	0.2	8:21	1.3	6:31	7:54	
23	Thu	2:24	5.3	3:04	5.6	8:28	0.8	9:07	1.2	6:32	7:52	
24	Fri	3:14	4.8	3:33	5.6	9:02	1.3	9:55	1.1	6:32	7:51	
25	Sat	4:09	4.4	4:05	5.6	9:37	1.9	10:48	1.1	6:33	7:50	
26	Sun	5:15	4.0	4:41	5.5	10:16	2.5	11:49	1.1	6:34	7:48	
27	Mon	6:44	3.8	5:26	5.4	11:06	2.9			6:35	7:47	
28	Tue	8:35	3.8	6:22	5.3	12:58	1.1	12:21	3.2	6:36	7:45	
29	Wed	9:54	4.1	7:26	5.4	2:08	0.9	1:49	3.3	6:37	7:44	
30	Thu	10:40	4.3	8:28	5.5	3:08	0.7	2:56	3.2	6:38	7:42	
31	Fri	11:13	4.4	9:24	5.7	3:57	0.4	3:48	3.0	6:38	7:41	