

Point San Quentin, CA - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:08	5.1	10:43	5.4	4:25	0.3	4:47	1.7	7:05	6:53	
2	Tue	11:34	5.4	11:35	5.4	5:00	0.4	5:26	1.1	7:06	6:51	
3	Wed			12:01	5.7	5:35	0.6	6:06	0.5	7:07	6:50	
4	Thu	12:27	5.4	12:31	6.1	6:10	1.0	6:48	0.0	7:08	6:48	
5	Fri	1:21	5.3	1:03	6.3	6:47	1.4	7:33	-0.4	7:09	6:47	
6	Sat	2:18	5.1	1:39	6.5	7:26	1.9	8:22	-0.6	7:10	6:45	
7	Sun	3:18	4.9	2:20	6.5	8:09	2.3	9:15	-0.6	7:11	6:44	
8	Mon	4:25	4.7	3:08	6.4	8:58	2.7	10:15	-0.5	7:11	6:42	
9	Tue	5:38	4.5	4:05	6.1	9:59	3.0	11:23	-0.3	7:12	6:41	
10	Wed	6:57	4.5	5:13	5.8	11:21	3.1			7:13	6:39	
11	Thu	8:07	4.7	6:31	5.5	12:37	-0.1	12:57	3.0	7:14	6:38	
12	Fri	9:04	4.9	7:50	5.3	1:48	0.0	2:18	2.6	7:15	6:37	
13	Sat	9:49	5.2	9:03	5.2	2:49	0.1	3:23	2.0	7:16	6:35	
14	Sun	10:27	5.4	10:08	5.1	3:39	0.3	4:16	1.5	7:17	6:34	
15	Mon	11:01	5.6	11:06	5.1	4:22	0.5	5:02	1.0	7:18	6:32	
16	Tue	11:31	5.8	11:59	5.0	5:00	0.9	5:44	0.5	7:19	6:31	
17	Wed	11:58	5.9			5:35	1.3	6:22	0.2	7:20	6:30	
18	Thu	12:49	4.9	12:24	5.9	6:09	1.7	6:57	0.0	7:21	6:28	
19	Fri	1:37	4.8	12:49	5.9	6:42	2.1	7:32	-0.1	7:22	6:27	
20	Sat	2:24	4.6	1:16	5.8	7:16	2.5	8:07	-0.1	7:23	6:25	
21	Sun	3:12	4.5	1:44	5.7	7:50	2.8	8:44	0.0	7:24	6:24	
22	Mon	4:02	4.4	2:18	5.6	8:27	3.0	9:25	0.1	7:25	6:23	
23	Tue	4:57	4.2	2:57	5.4	9:09	3.2	10:13	0.2	7:26	6:22	
24	Wed	6:00	4.2	3:45	5.1	10:05	3.4	11:07	0.4	7:27	6:20	
25	Thu	7:04	4.2	4:43	4.9	11:27	3.4			7:28	6:19	
26	Fri	7:58	4.3	5:53	4.7	12:07	0.5	12:57	3.2	7:29	6:18	
27	Sat	8:38	4.5	7:08	4.5	1:07	0.5	2:05	2.8	7:30	6:17	
28	Sun	8:10	4.8	7:21	4.5	1:01	0.6	1:58	2.3	6:31	5:15	
29	Mon	8:40	5.1	8:28	4.6	1:48	0.7	2:42	1.6	6:32	5:14	
30	Tue	9:09	5.5	9:31	4.8	2:31	0.8	3:24	0.9	6:33	5:13	
31	Wed	9:38	5.9	10:31	4.9	3:12	1.1	4:05	0.2	6:34	5:12	