

Point San Quentin, CA - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:10	6.3	11:29	5.0	3:52	1.5	4:48	-0.4	6:35	5:11	
2	Fri	10:45	6.6			4:33	1.8	5:32	-0.9	6:36	5:10	
3	Sat	12:27	5.0	11:24 AM	6.8	5:16	2.2	6:19	-1.2	6:37	5:09	
4	Sun	1:25	5.0	12:07	6.9	6:02	2.5	7:09	-1.3	6:38	5:08	
5	Mon	2:23	4.9	12:55	6.7	6:52	2.8	8:02	-1.2	6:39	5:07	
6	Tue	3:24	4.8	1:48	6.4	7:50	2.9	8:59	-1.0	6:40	5:06	
7	Wed	4:27	4.8	2:48	6.0	8:59	3.0	10:01	-0.6	6:42	5:05	
8	Thu	5:29	4.8	3:56	5.5	10:25	2.9	11:05	-0.2	6:43	5:04	
9	Fri	6:28	5.0	5:13	5.0	11:53	2.6			6:44	5:03	
10	Sat	7:19	5.2	6:36	4.6	12:08	0.2	1:10	2.1	6:45	5:02	
11	Sun	8:03	5.5	7:56	4.4	1:05	0.5	2:13	1.5	6:46	5:01	
12	Mon	8:41	5.7	9:07	4.4	1:56	0.9	3:06	0.9	6:47	5:00	
13	Tue	9:15	5.9	10:11	4.4	2:42	1.3	3:51	0.4	6:48	5:00	
14	Wed	9:45	6.0	11:07	4.5	3:23	1.8	4:31	0.0	6:49	4:59	
15	Thu	10:14	6.0	11:57	4.6	4:02	2.2	5:07	-0.2	6:50	4:58	
16	Fri	10:41	6.0			4:39	2.5	5:40	-0.4	6:51	4:57	
17	Sat	12:44	4.6	11:10 AM	6.0	5:16	2.8	6:14	-0.4	6:52	4:57	
18	Sun	1:28	4.6	11:40 AM	5.9	5:52	3.0	6:47	-0.4	6:53	4:56	
19	Mon	2:10	4.5	12:13	5.8	6:28	3.1	7:23	-0.4	6:54	4:55	
20	Tue	2:52	4.5	12:49	5.6	7:07	3.2	8:01	-0.3	6:55	4:55	
21	Wed	3:35	4.4	1:29	5.4	7:50	3.3	8:42	-0.2	6:56	4:54	
22	Thu	4:20	4.4	2:14	5.1	8:43	3.3	9:26	0.0	6:58	4:54	
23	Fri	5:04	4.5	3:06	4.8	9:50	3.2	10:13	0.2	6:59	4:53	
24	Sat	5:47	4.6	4:09	4.5	11:09	2.9	11:03	0.4	7:00	4:53	
25	Sun	6:26	4.8	5:26	4.1			12:22	2.5	7:01	4:52	
26	Mon	7:02	5.2	6:52	4.0			1:22	1.9	7:02	4:52	
27	Tue	7:37	5.5	8:14	4.1	12:46	1.1	2:14	1.1	7:03	4:52	
28	Wed	8:13	6.0	9:29	4.2	1:37	1.5	3:01	0.3	7:04	4:51	
29	Thu	8:50	6.4	10:35	4.5	2:26	1.9	3:47	-0.4	7:05	4:51	
30	Fri	9:30	6.7	11:35	4.7	3:15	2.2	4:33	-1.0	7:06	4:51	