

Point San Quentin, CA - Mar 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:34	5.6	12:23	5.7	6:16	0.9	6:31	0.1	6:41	6:02	
2	Sat	1:05	5.7	1:12	5.3	7:02	0.6	7:06	0.6	6:40	6:03	
3	Sun	1:37	5.8	2:03	4.8	7:48	0.5	7:42	1.1	6:38	6:04	
4	Mon	2:08	5.7	2:58	4.4	8:34	0.5	8:18	1.7	6:37	6:05	
5	Tue	2:40	5.6	4:01	4.0	9:24	0.5	8:58	2.3	6:35	6:06	
6	Wed	3:17	5.4	5:22	3.7	10:21	0.6	9:47	2.7	6:34	6:07	
7	Thu	4:01	5.2	7:05	3.7	11:28	0.7	11:01	3.0	6:33	6:08	
8	Fri	4:57	5.1	8:31	3.9			12:40	0.7	6:31	6:09	
9	Sat	6:04	5.0	9:21	4.1	12:34	3.1	1:46	0.5	6:30	6:10	
10	Sun	7:12	5.0	9:55	4.2	1:48	2.9	2:39	0.3	6:28	6:11	
11	Mon	8:12	5.1	10:23	4.4	2:43	2.7	3:22	0.2	6:27	6:12	
12	Tue	9:05	5.2	10:47	4.6	3:27	2.3	3:58	0.1	6:25	6:13	
13	Wed	9:52	5.3	11:11	4.8	4:05	2.0	4:30	0.0	6:24	6:14	
14	Thu	10:38	5.3	11:35	5.1	4:41	1.6	5:00	0.1	6:22	6:15	
15	Fri	11:23	5.3			5:17	1.1	5:30	0.3	6:21	6:16	
16	Sat	12:00	5.3	12:09	5.2	5:54	0.7	6:01	0.6	6:19	6:17	
17	Sun	12:27	5.6	12:57	5.0	6:33	0.3	6:34	1.0	6:18	6:18	
18	Mon	12:56	5.8	1:50	4.7	7:15	0.0	7:09	1.4	6:16	6:19	
19	Tue	1:29	6.0	2:48	4.4	8:03	-0.2	7:48	1.9	6:14	6:20	
20	Wed	2:07	6.0	3:56	4.1	8:56	-0.3	8:34	2.3	6:13	6:21	
21	Thu	2:53	5.9	5:18	3.9	9:58	-0.2	9:33	2.7	6:11	6:22	
22	Fri	3:50	5.8	6:46	4.0	11:10	-0.2	10:55	2.9	6:10	6:23	
23	Sat	4:59	5.6	7:59	4.2			12:27	-0.2	6:08	6:24	
24	Sun	6:18	5.4	8:53	4.5	12:31	2.8	1:37	-0.3	6:07	6:25	
25	Mon	7:35	5.4	9:35	4.9	1:51	2.4	2:36	-0.3	6:05	6:26	
26	Tue	8:44	5.4	10:12	5.2	2:54	1.9	3:24	-0.3	6:04	6:26	
27	Wed	9:45	5.4	10:47	5.4	3:48	1.3	4:07	-0.1	6:02	6:27	
28	Thu	10:41	5.3	11:18	5.6	4:36	0.8	4:46	0.2	6:01	6:28	
29	Fri	11:33	5.2	11:49	5.8	5:20	0.4	5:22	0.6	5:59	6:29	
30	Sat			12:24	5.0	6:02	0.0	5:58	1.0	5:58	6:30	
31	Sun	12:18	5.8	1:13	4.7	6:42	-0.1	6:33	1.5	5:56	6:31	