

Point San Quentin, CA - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:45	6.1	10:37	4.4	2:28	2.2	3:52	0.1	7:25	5:00	
2	Tue	9:25	6.1	11:24	4.6	3:18	2.4	4:32	-0.1	7:25	5:01	
3	Wed	10:03	6.1			4:04	2.5	5:07	-0.3	7:25	5:02	
4	Thu	12:05	4.7	10:39 AM	6.1	4:46	2.6	5:40	-0.3	7:26	5:03	
5	Fri	12:41	4.8	11:14 AM	6.0	5:25	2.6	6:11	-0.4	7:26	5:04	
6	Sat	1:14	4.8	11:49 AM	5.9	6:03	2.6	6:42	-0.3	7:26	5:05	
7	Sun	1:45	4.8	12:24	5.7	6:39	2.5	7:12	-0.3	7:26	5:06	
8	Mon	2:16	4.9	1:01	5.5	7:18	2.5	7:43	-0.1	7:26	5:07	
9	Tue	2:48	4.9	1:39	5.2	7:59	2.4	8:16	0.1	7:25	5:07	
10	Wed	3:21	5.0	2:23	4.8	8:46	2.3	8:52	0.4	7:25	5:08	
11	Thu	3:57	5.1	3:14	4.4	9:40	2.2	9:32	0.8	7:25	5:09	
12	Fri	4:36	5.3	4:20	4.0	10:44	1.9	10:18	1.2	7:25	5:10	
13	Sat	5:20	5.4	5:46	3.7	11:54	1.6	11:13	1.7	7:25	5:11	
14	Sun	6:08	5.7	7:21	3.7			1:01	1.0	7:24	5:12	
15	Mon	7:00	5.9	8:46	4.0	12:16	2.0	2:02	0.5	7:24	5:13	
16	Tue	7:53	6.3	9:52	4.3	1:23	2.3	2:57	-0.1	7:24	5:14	
17	Wed	8:46	6.6	10:46	4.7	2:27	2.4	3:47	-0.7	7:23	5:16	
18	Thu	9:39	6.8	11:34	5.0	3:26	2.3	4:36	-1.1	7:23	5:17	
19	Fri	10:31	7.0			4:21	2.2	5:22	-1.3	7:23	5:18	
20	Sat	12:19	5.2	11:22 AM	6.9	5:15	2.0	6:08	-1.3	7:22	5:19	
21	Sun	1:02	5.5	12:14	6.7	6:09	1.8	6:52	-1.2	7:22	5:20	
22	Mon	1:45	5.6	1:06	6.4	7:04	1.7	7:36	-0.8	7:21	5:21	
23	Tue	2:27	5.7	2:00	5.8	8:00	1.5	8:21	-0.3	7:20	5:22	
24	Wed	3:11	5.8	2:57	5.2	9:01	1.4	9:07	0.3	7:20	5:23	
25	Thu	3:56	5.8	4:01	4.6	10:07	1.4	9:56	0.9	7:19	5:24	
26	Fri	4:43	5.8	5:18	4.1	11:19	1.2	10:51	1.5	7:19	5:25	
27	Sat	5:33	5.7	6:49	3.8			12:32	1.0	7:18	5:26	
28	Sun	6:27	5.7	8:18	3.9			1:40	0.8	7:17	5:28	
29	Mon	7:20	5.7	9:28	4.2	1:03	2.3	2:39	0.5	7:16	5:29	
30	Tue	8:11	5.7	10:21	4.4	2:07	2.5	3:27	0.3	7:16	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	8:58	5.8	11:03	4.6	3:02	2.5	4:09	0.1	7:15	5:31	